

LUGANO TROPHY - 16th MEMORIAL MARIO ALBISETTI

INTERNATIONAL RACE WALKING COMPETITION

Lugano (Switzerland) – March 17th 2019, Sunday

Local Organising Committee LOC:	Società Atletica Lugano
Competition area:	2'000 meters road circuit closed to the traffic along the lake side of Lugano, officially measured by IAAF, start and finish by Piazza Manzoni
Categories and distances:	20 km MEN and WOMEN 10 km U20-U18 MEN and WOMEN 4 km U16 BOYS and GIRLS
Lap counting and Timing:	Electronic timing and lap counting with transponder. Time keeping at every kilometer.
Racewalking Judges:	Team of international judges (see separate list)
Limits of qualification:	10 km U20-U18: 1h00' 20 km: 2h00' Only performances achieved from 1st January 2017 are valid. The LOC reserves the right to accept or reject entries that don't fulfill the requirements.
Pit lane rule:	The Pit Lane rule (attachment 1) will be applied in the 20km and in the 10km U20-U18 (men and women).
Time limits:	10 km U20-U18: 1h00' 20 km: 2h00' Athletes finishing after above time limits will be classified with passage at last km.
Entries:	Entries have to be announced directly on the competition website http://www.lugano-racewalking.com
Deadlines for final entries:	The dead line for receiving the last entries is March 7 th 2019 <u>Entries will not be accepted the day of the competition.</u>
Entry fees:	20 km: EUR 15.-- 10 km: EUR 10.-- 4 km: free of charge

Accommodation and meals:

More information are available on the website <http://www.lugano-racewalking.com>

Price money:

There will be price money for the first 8 walkers on 20km for categories MEN and WOMEN and for the first 3 walkers on 10km for categories U20 MEN and WOMEN
A competition souvenir will be awarded to all athletes.

Admission:

The competition, open only to athletes with regular license, is valid for qualifying to 2019 World Athletics Championships in Doha (Qatar) (attachment 2).

Responsability:

The LOC declines every responsibility for the injuries, maladies and accidents, which would happen before, during or after the competition.

Updated information about the competition:

Can be found on the web site <http://www.lugano-racewalking.com>

Further information and VISA request:

Can be obtained by e-mail info@lugano-racewalking.com

Bedano, January 2019

Alberto Bordoli
Swisswalking - Commission des compétitions

Marie Polli
SAL Lugano

General Schedule: March 16th 2019, Saturday

from 14.30 Allocation of BIB numbers and accreditation of team delegations at the Technical Information Centre (TIC) located at Hotel Acquarello.

March 17th 2019, Sunday

07.30 Opening of the athletes village and TIC located in Piazza Manzoni

07.45 - 09.00 Warm up and recognition of circuit

09.15- 09.25 Call room categories 20 km WOMEN,
10 km U20-U18 WOMEN, 4 km U16 GIRLS

09.30	Start WOMEN	20 km
	Start WOMEN U20-U18	10 km
	Start GIRLS U16	4 km

10.15-10.25 Call room categories 20 km MEN,
10 km U20-U18 MEN, 4 km U16 BOYS

10.30	Start MEN	20 km
	Start MEN	10 km
	Start BOYS U16	4 km

11.15 - 11h45 Awards ceremony for the 3 best results in each category (around 15 minutes after the arrival) near finishing line by Piazza Manzoni

From 11.30 Collection of cash prizes (see "price money" document) at the TIC located in by Piazza Manzoni

From 12.30 Lunch offered to all athletes (voucher included in athletes race bag)

15.15 Shuttle bus departure to Milano Malpensa Airport (schedule to be confirmed)

LUGANO TROPHY - 16° MEMORIAL MARIO ALBISETTI

GARA INTERNAZIONALE DI MARCIA

Lugano (Svizzera) – Domenica 17 marzo 2019

Organizzazione:	Società Atletica Lugano		
Percorso di gara:	Circuito stradale chiuso al traffico di 2'000 metri sul lungolago di Lugano omologato IAAF, partenza e arrivo in Piazza Manzoni		
Categorie e distanze:	20 km UOMINI e DONNE 10 km U20-U18 UOMINI e DONNE 4 km U16 RAGAZZI e RAGAZZE		
Contagiri e cronometraggio:	Contagiri e cronometraggio elettronico con micro-chip Rilevamento dei tempi di passaggio a ogni chilometro		
Giudici di marcia:	Team di giudici internazionali (vedi lista separata)		
Tempi d'iscrizione:	10 km U20-U18:	1h00'	
	20 km:	2h00'	
	Fanno fede i tempi ottenuti a partire dal 1° gennaio 2017. L'organizzazione si riserva la facoltà di accettare o no iscrizioni che non rispettano i requisiti.		
Pit lane:	Verrà applicato il regolamento della pit lane (allegato 1) per le distanze 20km e 10km U20-U18 (uomini e donne).		
Tempo massimo:	10 km U20-U18:	1h00'	
	20 km:	2h00'	
	Trascorso il tempo massimo, i concorrenti saranno classificati con il tempo di passaggio all'ultimo chilometro.		
Iscrizioni:	Le iscrizioni devono essere eseguite direttamente sul sito web http://www.lugano-racewalking.com		
Chiusura iscrizioni:	Per motivi organizzativi l'ultimo termine di iscrizione è fissato a giovedì 7 marzo 2019. Iscrizioni sul posto non verranno accettate.		
Quota d'iscrizione:	20 km: EUR 15.--	10 km: EUR 10.--	4 km: gratuito

- Vitto e alloggio:*** Maggiori informazioni sul sito web <http://www.lugano-racewalking.com>
- Premi:*** Premi individuali in contanti per i primi 8 classificati sulla distanza di 20 km per le categorie UOMINI e DONNE e per i primi 3 classificati sulla distanza di 10 km per le categorie U20 UOMINI e DONNE
Premio ricordo a tutti i partecipanti.
- Diversi:*** La competizione, aperta unicamente ai marciatori in possesso di regolare licenza, è valida per le qualifiche ai Campionati del Mondo di atletica 2019 di Doha (Qatar) (allegato 2).
- Responsabilità:*** La società organizzatrice declina ogni responsabilità per furti, infortuni, malattie, incidenti che dovessero accadere prima, durante o dopo la manifestazione.
- Informazioni aggiornate sulla competizione:*** Possono essere consultate sul sito web <http://www.lugano-racewalking.com>
- Ulteriori informazioni e richieste VISA:*** Possono essere ottenute via e-mail info@lugano-racewalking.com

Bedano, gennaio 2019

Alberto Bordoli
Swisswalking - Commission des compétitions

Marie Polli
SAL Lugano

***Programma
generale:***

Sabato 16 marzo 2019

Dalle 14.30 Ritiro pettorali e accredito delegazioni presso il Segretariato della competizione all'Hotel Acquarello.

Domenica 17 marzo 2019

07.30 Apertura villaggio atleti e segreteria presso Piazza Manzoni

07.45 - 09.00 Riscaldamento e ricognizione percorso

09.15- 09.25 Call room categorie 20 km DONNE,
10 km U20-U18 DONNE, 4 km U16 DONNE

09.30 **Partenza DONNE** **20 km**
 Partenza DONNE U20-U18 **10 km**
 Partenza DONNE U16 **4 km**

10.15-10.25 Call room categoria 20 km UOMINI,
10 km U20-U18 UOMINI, 4 km U16 UOMINI

10.30 **Partenza UOMINI** **20 km**
 Partenza UOMINI U20-U18 **10 km**
 Partenza UOMINI U16 **4 km**

11.15 - 11h45 Premiazione dei primi 3 classificati di ciascuna categoria (ca. 15 minuti dopo l'arrivo) nella zona di arrivo in Piazza Manzoni

Dalle 11.30 Ritiro dei premi in contanti (vedi documento separato) Segretariato in Piazza Manzoni (ca. 30 minuti dopo l'arrivo)

Dalle 12.30 Pranzo individuali atleti e accompagnatori (con buono)

15.15 Partenza shuttle bus per l'aeroporto di Milano Malpensa (orario da confermare)

Allegato 1

IAAF COMPETITION RULES 2018-2019

Rule 230 – Race walking

Disqualification

7. (c) A Pit Lane shall be used for any race where the applicable regulations for the competition so provide and may be used for other races as determined by the relevant governing body or Organisers.

In such cases, an athlete will be required to enter the Pit Lane and remain there for the applicable period once they have received three Red Cards and are so advised by the Chief Judge or someone delegated by him.

The applicable period in the Pit Lane shall be as follows:

Races up to and including Time

5000m/5km	0.5 min
10,000m/10km	1 min
20,000m/20km	2 min
30,000m/30km	3 min
40,000m/40km	4 min
50,000m/50km	5 min

If, at any time, the athlete receives an additional Red Card from a Judge other than one of the three who had previously sent a Red Card, he shall be disqualified.

An athlete who fails to enter the Pit Lane when required to do so, or remain there for the applicable period, shall be disqualified by the Chief Judge.

Allegato 2

IAAF WORLD ATHLETICS CHAMPIONSHIPS 2019 Doha, QAT

List of Qualifying Race Walk Competitions in 2018-2019 As at 25 January 2019

IAAF World Championships
DOHA 2019

IAAF AND AREA LEVEL COMPETITIONS

Results achieved in Race Walk events staged at all the following Competitions are valid towards the World Ranking Lists

IAAF World Athletics Series
Area, Regional or Group Games - Regional or Group Championships in Athletics
Matches between teams from different Areas representing Members or Areas or combinations thereof
IAAF World Race Walking Challenge
Area Championships and other intra-Area competitions organised by an Area Association
Regional or Group Championships in Athletics - Area Permit Competitions

NATIONAL PERMIT COMPETITIONS

Only results achieved at the following National Race Walk Competitions are valid towards the World Ranking Lists

2018	Name of competition	Venue	Country	Date	Events announced
	Lugano Trophy	Lugano	SUI	11-Mar	Men: 20km - Women: 20km
	French Race Walking Championships	Merignac	FRA	12-Mar	Men: 20km / 50km - Women: 20km / 50km
	Japan National 50km Race Walk Championships	Wajima	JPN	15-Apr	Men: 50km - Women: 50km
	Hungarian National Championships	Békéscsaba	HUN	22-Apr	Men: 20km - Women: 20km
	British Grand Prix of Race Walking	Roundhay Park, Leeds	GBR	24-Jun	Men: 20km - Women: 20km
	Trofeu Brasil Caixa de Atletismo	Bragança Paulista, SP	BRA	15-Sep	Men: 20km / 50km - Women: 20km / 50km
	USATF 40km Race Walk Championships	Owego, NY	USA	30-Sep	Men: 20km / 50km - Women: 20km / 50km
	Dutch Championships Race Walking	Tilburg	NED	07-Oct	Men: 20km / 50km - Women: 20km / 50km
	German National Race Walking Championships	Aschersleben	GER	14-Oct	Men: 20km / 50km - Women: 20km / 50km
	Italian 50km Race Walking National Championships	Reggio nell'Emilia	ITA	21-Oct	Men: 20km / 50km - Women: 20km / 50km
	USATF 30km Race Walking Championships	Hauppauge, NY	USA	21-Oct	Men: 20km / 50km - Women: 20km / 50km
	All Japan Race Walking Championships	Takahata	JPN	28-Oct	Men: 20km / 50km - Women: 20km / 50km
	Australian 50km Race Walking Championships	Melbourne (Fawkner Park)	AUS	02-Dec	Men: 20km / 50km - Women: 20km / 50km
2019	Name of competition	Venue	Country	Date	Events announced
	67th New Year Race Walking in Tokyo	Tokyo	JPN	01-Jan	Men: 20km - Women: 10km
	Portuguese Race Walking National Championships (35-50km)	Porto de Mos	POR	13-Jan	Men: 35km / 50km - Women: 35km / 50km
	USATF Men&Women 50km Race Walking Championships	Santee, California	USA	26-Jan	Men: 50km - Women: 50km
	Australian 20km Race Walking	Adelaide	AUS	10-Feb	Men: 20km - Women: 20km
	Spanish 50km National Race Walk Championships	El Vendrell (Tarragona)	ESP	10-Feb	Men: 50km - Women: 50km
	1st International Race Walking Championships 2019	Chennai	IND	16/17-Feb	Men: 20km / 50km - Women: 20km
	USATF National 20km Race Walking Championships	Tustin, California	USA	16-Mar	Men: 20km - Women: 20km
	Spanish 20km National Race Walk Championships	Oropesa del Mar (Castellón)	ESP	17-Mar	Men: 20km - Women: 20km
	Lugano Trophy - Memorial Mario Albisetti	Lugano	SUI	17-Mar	Men: 20km - Women: 20km
	International Race Walking Meeting "Zaniemysl 2019"	Zaniemysl	POL	13-Apr	Men: 20km - Women: 20km
	Hungarian National Championships	Békéscsaba	HUN	28-Apr	Men: 20km - Women: 20km
	Polish National Championships 20km	Mielec	POL	22-Jun	Men: 20km - Women: 20km

GENERAL INFORMATION

1. LOC CONTACT

info@lugano-racewalking.com

2. ARRIVAL\$ AND DEPARTURE\$

Milano Malpensa and Lugano-Agno airports are the official airports.

The LOC will organize one or more shuttle bus on Saturday (transportation from the airports to Lugano) and one or more shuttle bus on Sunday after the competition (transportation from Lugano to the airports).

In order to organize at best the transportation, we kindly ask you to submit your request at the LOC at the earliest with all your flight details.

3. ACCOMODATION AND MEALS

Accommodation and meals will be the responsibility of the participants.

The LOC has arranged a certain number of rooms with special prices at the official partner "Hotel Acquarello" in the city center of Lugano.

Rooms at "Hotel Acquarello" can only be booked directly by info@hotelacquarello.ch (please specify that your booking it's for the race "Lugano Trophy").

Special rates:

single room	Frs. 80.--
double room	Frs. 110.--
double room (two beds)	Frs. 145.--
triple room	Frs. 195.--

per night, per room, breakfast and taxes included

4. VISAS

If you need a VISA the LOC is on hand to assist you. Please contact us at info@lugano-racewalking.com

5. TECHNICAL INFORMATION

The competition is organized follow the IAAF Competition Rules.

The Technical Information Center TIC will be located on "Hotel Acquarello" on Saturday and in Piazza Manzoni on Sunday during the competition.

COMPETITION VENUE:

the 16th Lugano Trophy will be held on a 2km lapcourse (Piazza Luini - Riva Vela - Riva Albertolli - Corso Elvezia - Piazza Castello)

TIMETABLE:

09.30 start WOMEN competitions (20km, 10km and 4km)

10.30 start MEN competitions (20km, 10km and 4km)

CALL ROOM:

It will be located next to the starting line.

The call room will close 5 five minutes prior to the start of each event.

09.15-09.25 WOMEN competitions (20km, 10km and 4km)

10.15-10.25 MEN competitions (20km, 10km and 4km)

PARTECIPATION STANDARDS:

10km 1h00'

20km 2h00'

Only performances achieved from 1st January 2017 are valid.

The LOC reserves the right to accept or reject entries that don't fulfill the requirements.

TIME LIMITS:

20km 2h00'

Athletes that will finish after these limits will be stopped and classified with the time passage at the last km.

PIT LANE RULE:

The pit lane rule will be applied in the 20km and in the 10km U20-U18 (men and women).

ENTRY FEES:

20km 15€ 10km 15 € 4km free of charge

DRESSING ROOM:

In a tent at the athlete's village.

SHOWERS:

Palestra Bertaccio Lugano

PERSONAL REFRESHMENTS:

A personal refreshment station will be available only for athletes who are racing on 20km.

For 10km and 4km races personal refreshment will not be allowed.

BIB NUMBERS:

BIB numbers will be distributed at the TIC.

WARM-UP AREA:

Before 09.00 athletes can warm-up on the course track. During the races athletes must warm-up on the area next to the athlete's village.

DEADLINE FOR FINAL ENTRIES:

Entries must be filled directly on the competition website before March 7th 2019

6. DOPING CONTROL

Doping control will be conducted at the end of the competitions by Swiss Antidoping Committee.

Individual doping control may be requested upon advanced payment at the LOC.

7. MEDICAL SERVICES

A medical service will be provided in the starting area during the races in case of emergencies.