

## LUGANO TROPHY

### 14° MEMORIAL MARIO ALBISETTI

GARA INTERNAZIONALE DI MARCIA – IAAF NATIONAL PERMIT COMPETITION

**Lugano (Svizzera) – Domenica 19 marzo 2017**

- Organizzazione:** Società Atletica Lugano, Sezione Marcia Competitiva
- Percorso di gara:** Circuito stradale chiuso al traffico di 2'000 metri - omologato IAAF - sul lungolago di Lugano, partenza e arrivo in Piazza Manzoni
- Categorie e distanze:** 20 km UOMINI e DONNE, 10 km U20/U18 UOMINI e DONNE, 5 km U16 UOMINI e DONNE
- Contagiri e cronometraggio:** Contagiri e cronometraggio elettronico con micro-chip  
Rilevamento dei tempi di passaggio ad ogni kilometro
- Giudici di marcia:** Team di giudici internazionali livello II e III (vedi elenco separato)
- Controllo antidoping:** Al termine della competizione sono previsti controlli antidoping
- Tempi di iscrizione:**
- |               |       |              |       |
|---------------|-------|--------------|-------|
| 10 km UOMINI: | 0h57' | 10 km DONNE: | 0h59' |
| 20 km UOMINI: | 1h45' | 20 km DONNE: | 1h50' |
- Fanno fede i tempi ottenuti a partire dal 1° gennaio 2015. L'organizzazione si riserva la facoltà di accettare o meno iscrizioni che non rispettano i requisiti
- Tempo massimo:**
- |               |       |              |       |
|---------------|-------|--------------|-------|
| 20 km UOMINI: | 1h50' | 20 km DONNE: | 1h55' |
|---------------|-------|--------------|-------|
- Trascorso il tempo massimo i concorrenti saranno classificati con il tempo di passaggio all'ultimo chilometro
- Spogliatoi e docce:** Scuole elementari del Bertaccio, Via Paolo Regazzoni 12, Lugano
- Vitto e alloggio:** Maggiori informazioni sul sito web <http://www.lugano-racewalking.com>
- Iscrizioni:** Le iscrizioni devono essere eseguite direttamente sul sito web <http://www.lugano-racewalking.com>
- Chiusura iscrizioni:** Per motivi organizzativi l'ultimo termine di iscrizione è fissato al 5 marzo 2017  
**Iscrizioni sul posto non saranno accettate**
- Quota d'iscrizione:** 20 km: EUR 25.--      10 km: EUR 20.--      5 km: gratuito  
La quota d'iscrizione dà diritto al pacco gara comprensivo di un premio ricordo
- Premi:** Premi individuali in contanti per i primi 8 classificati sulla distanza di 20 km per le categorie UOMINI e DONNE e per i primi 3 classificati sulla distanza di 10 km per le categorie U20/U18 UOMINI e DONNE
- Diversi:** La competizione, aperta unicamente ai marciatori in possesso di regolare licenza, è valida per le qualifiche ai Campionati del mondo di atletica 2017 di Londra (Regno Unito)

**Programma generale: Sabato 18 marzo 2017**

**11.00 - 18.30 Ritiro pettorali, pacco gara ed accredito delegazioni** presso il Segretariato della competizione all'Hotel Acquarello

**Domenica 19 marzo 2017**

**07.30 Apertura villaggio atleti e segreteria presso Piazza Manzoni**  
Ritiro pettorali, pacco gara ed accredito singoli atleti

**07.45 - 08.35 Riscaldamento e ricognizione percorso**

**08.30 - 08.55 Call room** categorie 20 km DONNE, 10 km U20 DONNE, 5 km U16 DONNE

<b>09.00</b>	<b>Partenza DONNE</b>	<b>20 km</b>
	<b>Partenza DONNE U20/U18</b>	<b>10 km</b>
	<b>Partenza DONNE U16</b>	<b>5 km</b>

**10.30 - 10.55 Call room** categorie 20 km UOMINI, 10 km U20 UOMINI, 5 km U16 UOMINI

<b>11.00</b>	<b>Partenza UOMINI</b>	<b>20 km</b>
	<b>Partenza UOMINI U20/U18</b>	<b>10 km</b>
	<b>Partenza UOMINI U16</b>	<b>5 km</b>

**10.30 - 13.00 Premiazione** dei primi 3 classificati di ciascuna categoria (ca. 15 minuti dopo l'arrivo) nella zona di arrivo in Piazza Manzoni

**10.45 - 14.00 Ritiro dei premi in contanti** (vedi documento separato)  
Segretariato in Piazza Manzoni (ca. 30 minuti dopo l'arrivo)

**11.30 - 14.30 Pranzo offerto a tutti gli atleti** (buono incluso nel pacco gara)  
Ristorante Manora - Piazza Dante Alighieri 2, Lugano

**Responsabilità:**

La società organizzatrice declina ogni responsabilità per furti, infortuni, malattie, incidenti che dovessero accadere prima, durante o dopo la manifestazione

**Informazioni aggiornate sulla competizione:**

Possono essere consultate sul sito web <http://www.lugano-racewalking.com>

**Ulteriori informazioni:**

Possono essere ottenute via e-mail da [info@lugano-racewalking.com](mailto:info@lugano-racewalking.com)

Lugano, dicembre 2016

## LUGANO TROPHY

### 14<sup>th</sup> MEMORIAL MARIO ALBISETTI

INTERNATIONAL COMPETITION - IAAF NATIONAL PERMIT COMPETITION

**Lugano (Switzerland) – March 19<sup>th</sup> 2017, Sunday**

<b>Local Organising Committee (LOC):</b>	Società Atletica Lugano, Sezione Marcia Competitiva
<b>Circuit:</b>	2'000 meters road circuit closed to the traffic along the lakeside of Lugano, officially measured by IAAF, start and finish by Piazza Manzoni
<b>Categories and distances:</b>	20 km MEN and WOMEN, 10 km U20/U18 MEN and WOMEN, 5 km U16 MEN and WOMEN
<b>Lap counting and Timing:</b>	Electronic timing and lap counting with transponder Timekeeping every kilometre
<b>Race walking judges:</b>	Team of international judges of Level II and III (see separate list)
<b>Doping control:</b>	Doping controls will be conducted at the end of the competition
<b>Limits of qualification:</b>	10 km MEN: 0h57'      10 km WOMEN: 0h59' 20 km MEN: 1h45'      20 km WOMEN: 1h50'  Only the times obtained from 1 <sup>st</sup> January 2015 are valid. The organization reserves the right to accept or reject entries that do not meet the requirements
<b>Time limits:</b>	20 km MEN: 1h50'      20 km WOMEN: 1h55'  Athletes finishing after above time limits will be classified with passage at last km
<b>Dressing rooms and showers:</b>	Primary school of Bertaccio, Via Paolo Regazzoni 12, Lugano
<b>Accommodation and meals:</b>	More information are available on the website <a href="http://www.lugano-racewalking.com">http://www.lugano-racewalking.com</a>
<b>Entries:</b>	Entries have to be announced directly on the competition website <a href="http://www.lugano-racewalking.com">http://www.lugano-racewalking.com</a>
<b>Deadline for final entries:</b>	The deadline for receiving the last entries is March 5 <sup>th</sup> , 2017 <b>Entries will not be accepted the day of the competition</b>
<b>Entry fee:</b>	20 km: EUR 25.--      10 km: EUR 20.--      5 km: free The entry fee includes a lunch voucher for Sunday, March 15 <sup>th</sup> 2015
<b>Price money:</b>	There will be price money for the first 8 walkers on 20 km for categories MEN and WOMEN and for the first 3 walkers on 10 km for categories U20/U18 MEN and WOMEN A competition souvenir will be awarded to all athletes
<b>Admission:</b>	The competition, open only to walkers with regular license, is valid for qualifying to 2017 Athletics World Championships in London (United Kingdom)

**General schedule:**

**March 18<sup>th</sup> 2017, Saturday**

**11.00 - 18.30 Allocation of BIB numbers and accreditation of team delegations** at the Secretariat of the competition at Hotel Acquarello

**March 19<sup>th</sup> 2017, Sunday**

**07.30 Opening of the athletes village and secretariat by Piazza Manzoni**

**07.45 - 08.35 Warm up and recognition of circuit**

**08.30 - 08.55 Call room** categories 20 km WOMEN, 10 km U20 WOMEN, 5 km U16 WOMEN

<b>09.00</b>	<b>Start WOMEN</b>	<b>20 km</b>
	<b>Start WOMEN U20/U18</b>	<b>10 km</b>
	<b>Start WOMEN U16</b>	<b>5 km</b>

**10.30 - 10.55 Call room** categories 20 km MEN, 10 km U20 MEN, 5 km U16 MEN

<b>11.00</b>	<b>Start MEN</b>	<b>20 km</b>
	<b>Start MEN U20/U18</b>	<b>10 km</b>
	<b>Start MEN U16</b>	<b>5 km</b>

**10.30 - 13.00 Awards ceremony** for the 3 best results in each category (around 15 minutes after the arrival) near finishing line by Piazza Manzoni

**10.45 - 14.00 Collection of cash prizes** (see "price money" document) Secretariat of the competition by Piazza Manzoni (around 30 minutes after the arrival)

**11.30 - 14.30 Lunch offered to all athletes** (voucher included in athletes race bag) by Restaurant Manora - Piazza Dante Alighieri 2, Lugano

**Responsibility:**

The LOC declines every responsibility for theft, injuries, maladies and accidents, which would happen before, during or after the competition

**Updated information about the competition:**

Can be found on the website <http://www.lugano-racewalking.com>

**Further information:**

Can be obtained by e-mail to [info@lugano-racewalking.com](mailto:info@lugano-racewalking.com)

Lugano, December 2016

## GENERAL INFORMATION

### 1. LOC CONTACT

Società Atletica Lugano sezione Marcia Competitiva  
Stràda de Vèrsnior 5 – 6968 Sonvico SWITZERLAND  
info@lugano-racewalking.com

### 2. ARRIVALS AND DEPARTURES

We suggest you to use Milano Malpensa or Lugano Airport.

Milano Malpensa [www.milanomalpensa-airport.com/it](http://www.milanomalpensa-airport.com/it)

Lugano Airport <http://www.lugano-airport.ch/it/passengers/check-in>  
daily connections with Geneva and Zürich

**The transfer to Lugano will be the responsibility of the participants.**

**The LOC will organize free of charge a shuttle bus to Milan Malpensa Airport after the race on Sunday afternoon at 15h15 (estimated time of arrival at the Terminal 1 in Malpensa 16h30).**

Before booking your trip consider that bus trips may be delayed due to problems on the roadways, weather conditions, accidents, road works, etc.

The following independent shuttle buses are available from/to different Italian airports. The booking should be done individually:

<http://www.luganoservices.ch/premexp.aspx>

from Milan Malpensa to Lugano (and vice versa)

<http://malpensa-express.com/orari.html>

from Milan Malpensa to Lugano (and vice versa)

<http://www.jetbus.ch/>

from Milan Malpensa to Lugano (and vice versa)

<http://www.malpensashuttle.it/>

shuttle bus between Malpensa-Linate and Malpensa-Milan Central Station

[http://www.orioshuttle.com/\\_eng/](http://www.orioshuttle.com/_eng/)

shuttle bus between Orio Al Serio Airport and Milan Central Station or Milan Malpensa Airport

### 3. ACCOMODATION AND FOOD

Accommodation and food will be the responsibility of the participants.

The LOC has arranged a certain number of rooms with special prices at the official partner "Hotel Acquarello", in the city center of Lugano.

Rooms at the "Hotel Acquarello" can only be booked directly by [info@acquarello.ch](mailto:info@acquarello.ch) (please specify that your booking it's for Lugano Trophy).

Special rates:

single room	80.- Swiss Francs
double room (with large bed)	110.- Swiss Francs
double room (two beds)	145.- Swiss Francs
triple room	195.- Swiss Francs

(per night, per room, breakfast and taxes included)

At the hotel ask for the "Ticino Ticket", which allows guests to benefit from free public transport in the whole Canton (more information at <http://www.ticino.ch/en/ticket.html>).

### 4. VISAS

If you need a VISA the LOC is on hand to assist you.

Please contact us at [info@lugano-racewalking.com](mailto:info@lugano-racewalking.com)

## 5. TECHNICAL INFORMATION

The competition is organized follow the IAAF Competition Rules.

### COMPETITION VENUE:

The 14<sup>th</sup> Lugano Trophy will be held on a 2km lap course.

(Piazza Luini – Riva Vela – Riva Albertoli – Corso Elvezia – Piazza Castello)

### TIMETABLE:

09h00 → start 20k women – 10km women U20/U18 – 5km women U16

11h00 → start 20km men – 10km men U20/U18 – 5km women U16

### CALL ROOM:

It's located in a tent next to the starting area.

The call room closes 5 minutes prior to the start of each event.

08h30-08h55 → 20km women – 10km women U20/U18

10h30-10h55 → 20km men – 10km men U20/U18

Athletes competing on 5km will be accompany to the starting line situated near the refreshment station.

08h30-08h50 → 5km women U16

10h30-10h50 → 5km men U16

### PARTICIPATION STANDARDS:

10km men 0h57'00" – 10km women 0h59'00"

20km men 1h45'00" – 20km women 1h50'00"

Only results achieved from 1<sup>st</sup> January 2015 are valid.

The LOC reserves the right to accept or reject entries that do not fulfill the requirements.

### TIME LIMITS:

20km men 1h50'00" – 20km women 1h55'00"

athletes finishing after these limits will be classified with the time passage at last km.

### ENTRY FEES:

20km : EUR 25

10km: EUR 20

5km: free of charge

### DRESSING ROOM:

In a tent at the athlete's village.



#### **SHOWERS:**

Swimming pool Lugano-Cassarate

#### **BIB NUMBERS:**

BIB numbers of the athletes will be distributed at the TIC.

The TIC will be located at the Hotel Acquarello on Saturday 18<sup>th</sup> March (from 14h00 to 18h30) and in the starting area at the athlete's village on Sunday 19<sup>th</sup> March (from 07h30 to 09h30).

#### **WARM-UP AREA:**

Before 08h55 athletes can train on the course. During the races athletes must train on the area next to the athlete's village.

#### **DEADLINE FOR FINAL ENTRIES:**

Entries must be filled directly on the competition website before March 5<sup>th</sup> 2017 (24h00).

### **6. DOPING CONTROL**

Doping controls will be conducted at the end of the competitions by Swiss Antidoping Committee.

Individual doping control may be requested upon advanced payment at the LOC.

### **7. MEDICAL SERVICES**

A medical service will be provided in the starting area during the races in case of emergencies.