

# Calendar 2010



Status as at 13.04.2010 22:10:58

## 1.0. Major IAAF Events Calendar

12.03.10 - 14.03.10	13th IAAF World Indoor Championships	Doha	QAT
28.03.10	38th IAAF World Cross Country Championships	Bydgoszcz	POL
15.05.10 - 16.05.10	24th IAAF World Race Walking Cup	Chihuahua	MEX
19.07.10 - 25.07.10	13th IAAF World Junior Championships	Moncton	CAN
14.08.10 - 26.08.10	1st Youth Olympic Games (Athletics 17-23 August)	Singapore	SIN
04.09.10 - 05.09.10	IAAF / VTB Bank Continental Cup in Athletics	Split	CRO
16.10.10	19th IAAF World Half Marathon Championships	Nanning	CHN

## 1.1. IAAF Indoor Permit Meetings

29.01.10	Indoor permit meeting	New York	USA
31.01.10	Indoor permit meeting	Karlsruhe	GER
06.02.10	Indoor permit meeting	Stuttgart	GER
07.02.10	Russian Winter	Moscow	RUS
10.02.10	GE galan	Stockholm	SWE
13.02.10	Reunión Internacional Ciudad de Valencia	Valencia	ESP
14.02.10	Toyota Indoor Meeting	Gent	BEL
17.02.10	Indoor Permit Meeting	Athens	GRE
20.02.10	Aviva Indoor Grand Prix	Birmingham	GBR
05.03.10	Meeting du Pas-de-Calais	Liévin	FRA

## 1.2.1. IAAF Diamond League Meetings

14.05.10	IAAF Diamond League Meeting	Doha	QAT
23.05.10	IAAF Diamond League Meeting	Shanghai	CHN
04.06.10	Bislett Games	Oslo	NOR
10.06.10	Golden Gala	Roma	ITA
12.06.10	IAAF Diamond League Meeting	New York	USA
03.07.10	IAAF Diamond League Meeting	Eugene	USA
08.07.10	Athletissima	Lausanne	SUI
10.07.10	Aviva British Diamond League Meeting	Gateshead	GBR
16.07.10	IAAF Diamond League Meeting Paris Saint-Denis	Paris	FRA
22.07.10	Meeting Herculis	Monaco	MON
06.08.10	DN Galan	Stockholm	SWE
13.08.10 - 14.08.10	Aviva London Diamond League Meeting	London	GBR
19.08.10	Weltklasse Zürich	Zürich	SUI
27.08.10	Memorial Van Damme	Brussels	BEL

## 1.2.2. IAAF Challenge League Meetings

04.03.10	Melbourne Track Classic	Melbourne	AUS
24.04.10	Meeting Grand Prix IAAF de Dakar	Dakar	SEN
08.05.10	Osaka Grand Prix	Osaka	JPN

19.05.10	Colorful Daegu Pre-Championships Meeting	Daegu	KOR
23.05.10	Grande Premio Brasil Caixa de Atletismo	Belem	BRA
27.05.10	49th Ostrava Golden Spike	Ostrava	CZE
30.05.10	Fanny Blankers-Koen Games	Hengelo	NED
06.06.10	Meeting International Mohammed VI d'Athlétisme de Rabat (date tbc)	Rabat	MAR
03.07.10	29° Meeting de Atletismo Madrid 2010	Madrid	ESP
12.07.10	IAAF Athens World Challenge 2010 Tsikitiria	Athens	GRE
22.08.10	IAAF World Challenge Meeting (date tbc)	Berlin	GER
29.08.10	Rieti 2010	Rieti	ITA
01.09.10	2010 Zagreb Meeting IAAF World Challenge	Zagreb	CRO

#### 1.4. IAAF Combined Events Challenge

08.05.10 - 09.05.10	IAAF Combined Events Challenge	Desenzano sul Garda	ITA
29.05.10 - 30.05.10	HYPO Mehrkampfmeeting	Götzis	AUT
15.06.10 - 16.06.10	TNT - Fortuna meeting	Kladno	CZE
19.06.10 - 20.06.10	IAAF Combined Events Challenge	Ratingen	GER
18.09.10 - 19.09.10	Decastar	Talence	FRA

#### 1.5. IAAF Race Walking Challenge

10.04.10	IAAF Race Walking Challenge	Rio Maior	POR
01.05.10	IAAF Race Walking Challenge	Sesto san Giovanni	ITA
29.05.10	IAAF Race Walking Challenge, Na Rynek marsz	Krakow	POL
19.06.10	IAAF Race Walking Challenge	La Coruna	ESP
18.09.10	IAAF Race Walking Challenge Final	tbc	CHN

#### 1.6. IAAF Cross Country Permit Races

21.11.09	FINIBANCO Cross Internacional de Oeiras	Oeiras	POR
29.11.09	XVI Campo a Través Internacional de Soria	Soria	ESP
20.12.09	Iris Lotto CrossCup	Bruxelles	BEL
09.01.10	Great Edinburgh International Cross Country	Edinburgh	GBR
17.01.10	XXVIII Cross Internacional de Itálica	Santiponce (Sevilla)	ESP
23.01.10	McCain UK Cross Country	Belfast Antrim	GBR
31.01.10	78th Cinque Mulini	San Vittore Olona	ITA
14.02.10	Chiba International Cross Country	Chiba	JPN
20.02.10	IAAF Permit/KCB Nairobi Cross	Nairobi	KEN
27.02.10	24th Fukuoka International Cross Country Meet	Fukuoka	JPN
28.02.10	Eurocross	Diekirch	LUX
07.03.10	33° Almond Blossom Cross Country	Algarve	POR

#### 1.7.1. Gold Label Road Races

02.01.10	Xiamen International Marathon	Xiamen	CHN
17.01.10	Standard Chartered Mumbai Marathon	Mumbai	IND
28.02.10	Tokyo Marathon	Tokyo	JPN
28.02.10	World's Best 10K Race	San Juan	PUR
07.03.10	Lake Biwa Mainichi Marathon	Otsu	JPN
21.03.10	EDP Half Marathon of Lisbon	Lisbon	POR
21.03.10	Seoul International Marathon	Seoul	KOR
27.03.10	Hervis Prague Half Marathon	Prague	CZE
11.04.10	Marathon International de Paris	Paris	FRA
19.04.10	BAA Boston Marathon	Boston	USA

25.04.10	Virgin London Marathon	London	GBR
16.05.10	Bupa Great Manchester Run	Manchester	GBR
16.05.10	Sunfeast World 10K Bangalore	Bangalore	IND

### 1.7.2. Silver Label Road Races

31.01.10	Osaka International Ladies Marathon	Osaka	JPN
07.02.10	59th Beppu-Oita Mainichi Marathon	Beppu	JPN
07.02.10	Kagawa Marugame Half Marathon	Kagawa	JPN
12.02.10	RAK Half Marathon	Ras Al Khaimah	UAE
14.03.10	Nagoya International Women's Marathon	Nagoya	JPN
21.03.10	Maratona di Roma	Rome	ITA
06.05.10	Freihofer's Run for Women	Albany	USA
09.05.10	Volkswagen Prague Marathon	Prague	CZE
30.05.10	Ottawa Marathon	Ottawa	CAN
29.10.10	Ottawa 10K Road Race	Ottawa	CAN

### 1.7.3. Bronze Label Road Races

22.01.10	Std Chartered Dubai Marathon	Dubai	UAE
07.03.10	Lago Maggiore Half Marathon	Stresa - Pallanza	ITA
14.03.10	Semi-Marathon International de Paris	Paris	FRA
11.04.10	Fortis Rotterdam Marathon	Rotterdam	NED
11.04.10	Mangyongdae Prize Marathon	Mangyongdae	PRK
18.04.10	Nagano Olympic Commemorative Marathon	Nagano	JPN
18.04.10	Vienna City Marathon	Vienna	AUT
25.04.10	Madrid Marathon	Madrid	ESP
16.05.10	Salzburg AMREF Marathon	Salzburg	AUT
26.06.10	Corrida de Langueux	Langueux	FRA

## 2.0. Major European Athletics Events Calendar

07.02.10	ECCC Cross Country	Bilbao	ESP
20.03.10 - 21.03.10	10th European Cup Winter Throwing	Arles	FRA
21.05.10 - 23.05.10	European Youth Olympic Trials	Moscow	RUS
29.05.10 - 30.05.10	ECCC Track and Field Seniors Group A	Vila Real de Santo Antonio	POR
29.05.10 - 30.05.10	ECCC Track and Field Seniors Group C	Bar	MNE
30.05.10	ECCC Track and Field Seniors Group B	Bern	SUI
05.06.10	14th European Cup 10000m	Marseille	FRA
19.06.10 - 20.06.10	2nd European Team Championships, 1st League	Budapest	HUN
19.06.10 - 20.06.10	2nd European Team Championships, 2nd League	Belgrade	SRB
19.06.10 - 20.06.10	2nd European Team Championships, 3rd League	Marsa	MLT
19.06.10 - 20.06.10	2nd SPAR European Team Championships	Bergen	NOR
26.06.10 - 27.06.10	European Cup Combined Events, 1st League	Hengelo	NED
26.06.10 - 27.06.10	European Cup Combined Events, 2nd League	Ribeira Brava	POR
26.06.10 - 27.06.10	European Cup Combined Events, Super League	Tallinn	EST
04.07.10	9th European Mountain Running Championships (uphill & downhill)	Saparevo/Banya	BUL
27.07.10 - 01.08.10	20th European Athletic Championships	Barcelona	ESP
18.09.10	ECCC Track and Field Juniors Group A	Bydgoszcz	POL
18.09.10	ECCC Track and Field Juniors Group B	tbd	tbd
18.09.10	ECCC Track and Field Juniors Group C	tbd	tbd
12.12.10	17th SPAR European Cross Country Championships	Albufeira	POR

### 2.1.1. European Athletics Indoor Meetings

02.02.10	Samsunggalan	Göteborg	SWE
03.02.10	5th International PSD Bank Meeting Düsseldorf 2010	Düsseldorf	GER
10.02.10	Pedros Cup	Bydgoszcz	POL
06.03.10	Zepter - Pole Vault Stars	Donetsk	UKR

### 2.1.2. European Athletics Indoor Area Permit Meetings

06.02.10	Hochsprung mit Musik	Arnstadt	GER
20.02.10	High Jump Indoor Meeting Slobodna Dalmacija	Split	CRO
04.03.10	Europa SC High Jump Meeting 2009	Banska Bystrica	SVK

### 2.2.1. European Athletics Outdoor Premium Meetings

06.06.10	X European Athletics Festival	Bydgoszcz	POL
06.06.10	Znamensky Memorial	Zhukovsky	RUS
08.06.10	56th Janusz Kusocinski Memorial	Warsaw	POL
12.06.10	Memorial Primo Nebiolo	Turin	ITA
14.06.10	Josef Odlozil Memorial	Prague	CZE
29.06.10	Moscow Open	Moscow	RUS
07.07.10	Vardinoyiannia	Rethymno	GRE
09.07.10	Reunion Internacional Ciudad de Barcelona	Barcelona	ESP
10.07.10	KBC Night of Athletics	Heusden-Zolder	BEL
24.08.10	Meeting Lille Metropole	Villeneuve d'Ascq	FRA
31.08.10	46th Palio Citta della Quercia	Rovereto	ITA
07.09.10	Pedros Cup Szczecin 2010	Szczecin	POL

### 2.2.2. European Athletics Outdoor Classic Meetings

28.05.10	12th Internationals Leichtathletikmeeting	Dessau	GER
29.05.10	Papaflessia	Kalamata	GRE
31.05.10	Venizelia	Chania	GRE
02.06.10	"Askina 2010"	Baunatal	GER
09.06.10	EWE Athletics 2010	Cuxhaven	GER
09.06.10	Gran Premio de Andalucia	Huelva	ESP
12.06.10	65th Cezmi Or Memorial	Istanbul	TUR
24.06.10	Reunion Internacional Gobierno de Aragon	Zaragoza	ESP
26.06.10	International Athletics Meeting Pavel Pavlov	Sofia	BUL
30.06.10	Thessaloniki Meeting 2010	Thessaloniki	GRE
01.07.10	15th International Athletic Challenge Meeting	Velenje	SLO
09.07.10	Weltklasse in Biberach	Biberach an der Riss	GER
15.07.10	Karlstad Grand Prix	Karlstad	SWE
08.08.10	Spitzen Leichtathletik Luzern	Nottwil	SUI
22.08.10	The Athletic Bridge 2010	Dubnica nad Vahom	SVK
03.09.10	Meeting Citta Di Padova	Padova	ITA

### 2.2.3. European Athletics Outdoor Area Permit Meetings

15.05.10 - 16.05.10	Nat. Meeting, Hallesche Werfertage	Halle/Saale	GER
24.05.10	46th Int. Pfingstmeeting	Rehlingen	GER
25.05.10	Memorial Ludvika Danko/Ludvik Danek Memorial	Turnov	CZE
26.05.10	Filothei Women Gala	Filothei (Athens)	GRE
28.05.10	Belgrade International Meeting Memorial Artur Takac	Belgrade	SRB

29.05.10	10 International Ritter Hundt-Event	Saulheim	GER
29.05.10	23rd "Tyczka na Molo"	Sopot	POL
08.06.10	Meeting De Montreuil	Montreuil-Sous-Bois	FRA
12.06.10	Meeting International de Sotteville	Sotteville les Roven	FRA
25.06.10	Stanislas Nancy	Nancy	FRA
30.06.10	Meeting D'Athletisme De La Ville De Reims	Reims	FRA
01.07.10	Sollentuna GP	Sollentuna (Stockholm)	SWE
03.07.10	59th Cork City Sports	Cork	IRL
07.07.10	Meeting international de la province de Liège	Liège	BEL
07.07.10	Super8 City Competition	Glasgow	GBR
10.07.10	14th Meeting Internazionale Citta Di Pergine	Pergine Valsugana (TN)	ITA
18.07.10	21th Meeting Internazionale de Atletica Leggera Sport Sigariets	Sabbadoro (UD)	ITA
03.08.10	BIGBANK Estonian GP Final	Rakvere	EST
03.08.10	Malmö GP	Malmö	SWE
09.08.10	Folksam Grand Prix - Göteborg GP	Göteborg	SWE
20.08.10	Internationales Hochsprung-Meeting	Eberstadt (date tbd)	GER
25.08.10	Super8 City Competition	tbd	GBR
04.09.10	Terra Sarda	Arzana (Sardinya)	ITA
09.09.10	Notturna di Milano	Milano	ITA
25.09.10 - 26.09.10	Maya Azarashvili Cup	Tbilisi	GEO

## 2.5. European Athletics Walking Meetings

21.02.10	10° Meeting de Marcha Atlética da Cidade de Olhao-Olhao	Algarve	POR
14.03.10	Gran Premio Citta di Lugano - Memorial Mario Albisetti	Lugano	SUI
27.03.10	Race Walking Permit Meeting Dudinska 50 km	Dudince	SVK
10.04.10	Podebrady 2010	Podebrady	CZE
11.06.10	36th Race Walking Festival-Alytus 2010	Alytus	LTU
20.06.10	Race Walking Permit Meeting	Earls Colne (Essex)	GBR

## 2.6. European Athletics Cross Country Races

08.11.09	Cross De Atapuerca	Burgos	ESP
22.11.09	International Ioket.nl Warandeloop Tilburg	Tilburg	NED
22.11.09	XXVI Cross Internacional Valle de Llodio	Llodio (Calava)	ESP
29.11.09	Cross de l'Acier	Leffrinckoucke	FRA
29.11.09	Lotto CrossCup van West-Vlaanderen	Roeselare	BEL
29.11.09	XX Corta Mato Cidade De Amora - Cross International	Amora-Seixal	POR
06.01.10	53rd Cross Country Internazionale Campaccio	San Giorgio	ITA
17.01.10	33rd Cross della Vallagarina	Rovereto	ITA
24.01.10	White Cross	Belgrade	SRB

## 3.11. IAU Competitions

13.05.10 - 14.05.10	17th IAU 24 Hours European Championships	Brive La Gaillarde	FRA
13.05.10 - 14.05.10	8th IAU 24 Hours World Challenge	Brive La Gaillarde	FRA
07.11.10	IAU 100 km European Championships	Gibraltar	GIB

## 3.12. WMRA Competitions

24.04.10	56th Three Peaks Race	Horton in Ribblesdale	GBR
21.05.10	30th La Montée du Grand Ballon	Willer-sur-Thur / Goldbach	FRA
29.05.10 - 30.05.10	26th International Gamperney Berglauf	Grabs	SUI
00.06.10	7th NACAC Mountain Running Championships	tbd	CAN

06.06.10	3rd Balkan Mountain Running Championships	Sapareva Banya	BUL
19.06.10	50th Mt. Washington Hill Climb	Gorham, New Hampshire	USA
27.06.10	5th WMRA Youth Challenge	Valle di Susa	ITA
25.07.10	22nd Schlickeralm Berglauf	Telfes im Stubai	AUT
01.08.10	2nd Harakiri Berglauf	Mayrhofen	AUT
01.08.10	5th Consudatle Mountain Running Championships	tbd	ARG
21.08.10	55th Pikes Peak Ascent (km 21)	Manitou Springs	USA
21.08.10	7th WMRA Long Distance Mountain Running Challenge	Manitou Springs	USA
22.08.10	55th Pikes Peak Ascent (km 42)	Manitou Springs	USA
28.08.10	10th WMRA/WMA Masters World Mountain Running Championships	Krapowice	POL
05.09.10	26th WMRA World Mountain Running Championships (uphill)	Kranjnik	SLO
26.09.10	37th Hochfellen Berglauf	Bergen	GER
02.10.10	31st Smarna Gora Int. Mountain Race	Ljubljana	SLO
24.10.10	53rd/27th Trofeo E. Vanoni (relay men/ind. women)	Morbegno	ITA
27.11.10	6th Obudu Ranch International Mountain Race	Cross River State	NGR
27.11.10	2nd ACC Mountain Running Championships	Cross River State	NGR

### 3.13. WMA Competitions

01.03.10 - 06.03.10	4th World Masters Indoor Championships	Kamloops	CAN
28.08.10	10th WMRA/WMA Masters World Mountain Running Championships	Krapowice	POL

### 3.14. EVAA Competitions

16.05.10	3rd European Masters Mountain Running Championships	Cerdanyola del Vallés	ESP
15.07.10 - 24.07.10	17th European Veterans Athletics Championships	Stadium, Miregyháza	HUN

### 3.15. FISU Competitions

11.04.10	FISU World University Cross Country Championships	Kingston	CAN
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### 3.16. Other

11.03.10	CISM Cross Country Championships	Oostende	BEL
25.06.10 - 27.06.10	US Championships	Des Moines	USA
24.09.10 - 26.09.10	Open Oceanian Championships	Cairns	AUS
03.10.10 - 14.10.10	XIX Commonwealth Games (Athletics 6-14 October)	Delhi	IND
06.10.10 - 12.10.10	Commonwealth Games	New Delhi	IND
12.11.10 - 17.11.10	Asian Games	Guangzhou	CHN

### 4.1. International Indoor Matches

30.01.10	Aviva International Match (GBR-GER-SWE-USA-Commonwealth)	Glasgow	GBR
13.02.10	Grand Prix "Monica Iagar" - High Jump	Bucharest	ROM
20.02.10	Aviva Indoor Grand Prix	Birmingham	GBR
27.02.10	International Match (LAT-LTU-BLR-UKR)	Mogilyov	BLR
06.03.10	Baltic Indoor Match	Kuldiga	LAT
07.07.10	Four Country Junior Match	tbd	SLO
11.09.10	Three Country Match	tbd	SLO
15.09.10	37th Savaria Cup - Four Country Match	tbd	SLO
02.10.10	Three Country Match	tbd	SLO

### 4.2. International Outdoor Matches

23.04.10 - 24.04.10	International Match (UKR-BLR)	Yalta	UKR
01.05.10	International Bar Meeting	Montenegro	ALB
15.05.10 - 16.05.10	Garnik Ghukasyan Memorial	Artashat	ARM
23.05.10	Nordic 10000m Challenge	Kerava	FIN
23.05.10	Loughborough International Match (ENG-SCO-WAL-GBR-IRO-IHSA)	Loughborough	GBR
04.06.10	International Championships of Romania	Bucharest	ROU
04.06.10 - 06.06.10	Iberoamerican Championships	San Fernando	ESP
09.06.10	Slovenian Grand prix	Celje	SLO
12.06.10	International Match (CZE-HUN-SVK)	tbd	CZE
12.06.10	International Match (POL-GER)	Bydgoszcz	POL
22.06.10	Riga Cup 2010	Riga	LAT
24.06.10 - 30.06.10	Games "Blak See"	Constanta	ROU
03.07.10 - 04.07.10	Balkan Championships	tbd	tbd
07.07.10	International Match (HUN-CZE-SLO-CRO)	tbd	HUN
08.07.10	Baltic Match	Võru	EST
17.07.10 - 18.07.10	U17 International Meeting (CYP-GRE)	Nicosia	CYP
31.07.10 - 01.08.10	Balkan Junior Championships	tbd	tbd
07.08.10	Balkan Youth Championships	Endirne	TUR
07.08.10	Mediterranean Junior Match (TUN-ALG-ESP-FRA-GRE-ITA-MAR-TUR)	Tunis	TUN
07.08.10 - 08.08.10	Baltic Youth Match	Kaunas	LTU
14.08.10	International Match (GER-POL)	Borna	GER
15.08.10	Bedford International Games	Bedford	GBR
21.08.10	International Match (GER-tbd)	tbd	GER
27.08.10 - 28.08.10	Finland-Sweden Match	Helsinki & Espoo	FIN
04.09.10 - 05.09.10	Nordic-Baltic Championships	Söderhamn	SWE
10.09.10 - 11.09.10	Robert Emmiyan Cup	Gyumri	ARM
11.09.10	Seat DecaNation	Annecy	FRA
11.09.10	Meeting of Friendship - Sarajevo 2010	Sarajevo	BIH
18.09.10	International Match (CZE-SVK-AUT)	tbd	CZE
25.09.10	Euro Athletics Meeting Brussels	Brussels (Woluwe)	BEL

### 4.3. International Indoor Matches of Combined Events

08.01.10 - 09.01.10	Baltic Match of Combined Events	Panevezys	LTU
30.01.10 - 31.01.10	International Contest (NED-FRA-GBR-ESP-CZE)	Apeldoorn	NED
17.02.10 - 18.02.10	International Indoor Match (BLR-RUS-UKR)	Sumy	UKR
06.03.10 - 07.03.10	Combined Events Match (FRA-GBR-NED)	Bompas (tbc)	FRA

### 4.4. International Outdoor Matches of Combined Events

15.05.10 - 16.05.10	Baltic Outdoor Match of Combined Events	tbd	LAT
05.06.10 - 06.06.10	Outdoor Match of Combined Events (EST-FIN-SWE)	Täby	SWE
07.08.10 - 08.08.10	Combined Events Match (FRA-GBR-SUI-ITA)	tbd	FRA
28.08.10 - 29.08.10	International Meeting of Combined Events	Woerden	NED

### 4.5. International Walking Matches

10.04.10	Int. Match (CZE-ITA-FRA-SVK-SUI-BLR-HUN-SWE-LTU-NED)	Podebrady	CZE
17.04.10	Balkan Championships of Race Walking	Bucharest	ROU
02.05.10	Baltic Outdoor Match of Race Walking	tbd	LAT
04.09.10	Nordic Race Walking Championships and Match	tbd	FIN
25.09.10	Open Nordic Match and Championships Long Distance	Bergen	NOR

#### 4.6. International Cross Country Matches

09.01.10	Great Edinburgh Cross Country	Edinburgh	GBR
07.03.10	Balkan Cross Country Championships	tbd	tbd
23.10.10	Nordic Cross Country Championships	Trondheim	NOR

#### 4.7. International Road Race Matches

08.05.10	Balkan Marathon	Kavarna	BUL
17.10.10	Bucharest City Marathon	Bucharest	ROU

#### 5.1. National Indoor Championships

09.01.10	Sprints & Hurdles Cup	Pombal (tbc)	POR
10.01.10	Jumping Events Cup	Pombal (tbc)	POR
15.01.10 - 16.01.10	National Championships	Riga	LAT
16.01.10	National Indoor Championships Walking	Tartu	EST
16.01.10	Woodie's Indoor Championships	Nenagh, Tipperary	IRL
21.01.10 - 24.01.10	National Indoor Championships	Spala	POL
22.01.10 - 23.01.10	University National Indoor Championships	Bacau	ROU
23.01.10	National Indoor Championships	tbd	SLO
23.01.10 - 24.01.10	National Indoor Championships	Pombal (tbc)	POR
23.01.10 - 24.01.10	National Indoor Championships	Sofia	BUL
23.01.10 - 24.01.10	National Indoor Championships	Tallinn	EST
29.01.10 - 31.01.10	National Indoor Championships	Penza	RUS
30.01.10	National Indoor Championships	Luxembourg-Kirchberg	LUX
30.01.10	National Indoor Championships	tbd	SLO
30.01.10 - 31.01.10	National Indoor Championships	Sofia	BUL
30.01.10 - 31.01.10	National Indoor Championships 100 km	Moscow	RUS
30.01.10 - 31.01.10	National Indoor Clubs Championships - Qual. Round	Espinho/Pombal	POR
30.01.10 - 31.01.10	Ukrainian Indoor Cup	Zaporizhzhya	UKR
02.02.10 - 04.02.10	Ukrainian Indoor Sport Schools/Colleges Championships	Zaporizhzhya	UKR
05.02.10 - 06.02.10	National Indoor Championships	Kaunas	LTU
05.02.10 - 06.02.10	National Indoor Championships	Mogilyov	BLR
05.02.10 - 07.02.10	National Indoor Championships	Saransk	RUS
05.02.10 - 07.02.10	National Indoor Championships, Throwing Events	Chisinau	MDA
06.02.10	National Indoor Championships	Zagreb	CRO
06.02.10	National Indoor Championships	tbd	SLO
06.02.10 - 07.02.10	AA-Drink Championships	Apeldoorn	NED
06.02.10 - 07.02.10	Birmingham Games	Birmingham	GBR
06.02.10 - 07.02.10	National Championships	tbd	HUN
06.02.10 - 07.02.10	National Indoor Championships	Sofia	BUL
06.02.10 - 07.02.10	National Indoor Championships	Oviedo	ESP
06.02.10 - 07.02.10	National Indoor Championships	Espinho (tbc)	POR
06.02.10 - 07.02.10	Woodie's DIY Indoor Championships	Belfast	IRL
09.02.10 - 10.02.10	Ukrainian Indoor Championships	Sumy	UKR
12.02.10	Ukrainian Indoor Pole Vault Championships	Donetsk	UKR
12.02.10 - 13.02.10	National Indoor Championships	Mogilyov	BLR
12.02.10 - 14.02.10	National Indoor Championships	Drammen	NOR
13.02.10	National Indoor Championships	Zagreb	CRO
13.02.10	National Indoor Championships	tbd	SLO
13.02.10 - 14.02.10	Aviva World Trials & UK Championships	Sheffield	GBR
13.02.10 - 14.02.10	National Indoor Championships	Aubièrre	FRA
13.02.10 - 14.02.10	National Indoor Championships	tbd	ESP

13.02.10	- 14.02.10	National Indoor Championships	Sofia	BUL
13.02.10	- 14.02.10	National Indoor Championships	Kuldig	LAT
13.02.10	- 14.02.10	National Indoor Championships	Kuldiga	LAT
13.02.10	- 14.02.10	National Indoor Championships, Masters	tbd	GER
13.02.10	- 14.02.10	National Indoor Clubs Championships - Final	Pombal (tbc)	POR
14.02.10		Masters Championships	Apeldoorn	NED
14.02.10		National Indoor Championships 4 X 200 AC	Gent	BEL
16.02.10	- 17.02.10	National Indoor Championships	Gomel	BLR
17.02.10	- 20.02.10	Ukrainian Indoor Championships	Sumy	UKR
19.02.10	- 20.02.10	National Indoor Championships	Klaipeda	LTU
19.02.10	- 20.02.10	National Indoor Championships	Baku	AZE
19.02.10	- 21.02.10	National Indoor Championships	Volgograd	RUS
19.02.10	- 21.02.10	National Indoor Championships	Ancona	ITA
19.02.10	- 21.02.10	National Indoor Championships, Throwing Events	Chisinau	MDA
20.02.10		National Indoor Championships	Zagreb	CRO
20.02.10		National Indoor Championships	Bratislava	SVK
20.02.10		National Indoor Championships	tbd	SLO
20.02.10	- 21.02.10	National Indoor Championships	Magglingen	SUI
20.02.10	- 21.02.10	National Indoor Championships	Prague	CZE
20.02.10	- 21.02.10	National Indoor Championships	Stange	NOR
20.02.10	- 21.02.10	National Indoor Championships	Malmö	SWE
20.02.10	- 21.02.10	National Indoor Championships	Turku	FIN
20.02.10	- 21.02.10	National Indoor Championships	Tallinn	EST
20.02.10	- 21.02.10	National Indoor Championships	Halle/Saale	GER
20.02.10	- 21.02.10	National Indoor Championships	Bucharest	ROU
20.02.10	- 21.02.10	National Indoor Championships Veterans	Zaragoza	ESP
21.02.10		National Indoor Championships	Gent	BEL
21.02.10		National Indoor Championships (Shot Put only)	tbd	SLO
26.02.10	- 27.02.10	National Indoor Championships	Kuldiga	LAT
26.02.10	- 28.02.10	National Indoor Championships	Moscow	RUS
27.02.10		National Indoor Championships	Zagreb	CRO
27.02.10		National Indoor Championships	Linz	AUT
27.02.10		McCain City Competition	tbd	GBR
27.02.10	- 28.02.10	Aviva England Age Group Championships	Birmingham	GBR
27.02.10	- 28.02.10	National Indoor Championships	Espinho (tbc)	POR
27.02.10	- 28.02.10	National Indoor Championships	Skive	DEN
27.02.10	- 28.02.10	National Indoor Championships	Prague	CZE
27.02.10	- 28.02.10	National Indoor Championships	Budapest	HUN
27.02.10	- 28.02.10	National Indoor Championships	Apeldoorn	NED
27.02.10	- 28.02.10	National Indoor Championships	Norrköping	SWE
27.02.10	- 28.02.10	National Indoor Championships	Paris (Bercy)	FRA
27.02.10	- 28.02.10	National Indoor Championships	Bratislava	SVK
27.02.10	- 28.02.10	National Indoor Championships	Stockholm	SWE
27.02.10	- 28.02.10	National Indoor Championships	tbd	ESP
27.02.10	- 28.02.10	National Indoor Championships	Kuopio	FIN
27.02.10	- 28.02.10	National Indoor Championships	Spala	POL
27.02.10	- 28.02.10	National Indoor Championships	Karlsruhe	GER
27.02.10	- 28.02.10	National Indoor Championships	Ancona	ITA
27.02.10	- 28.02.10	National Indoor Championships	Athens	GRE
27.02.10	- 28.02.10	National Indoor Championships	Bucharest	ROU
28.02.10		National Indoor Championships	Magglingen	SUI
06.03.10		National Indoor Championships	Gent	BEL
06.03.10	- 07.03.10	National Indoor Championships	Skive	DEN

06.03.10	- 07.03.10	National Indoor Championships	Jablonec nad Nisou	CZE
06.03.10	- 07.03.10	National Indoor Championships	San Sebastian	ESP
06.03.10	- 07.03.10	National Indoor Championships	Bucharest	ROU
07.03.10		National Indoor Championships	Bratislava	SVK
07.03.10		National Indoor Championships	Gent	BEL
13.03.10		National Indoor Championships	Gent	BEL
13.03.10	- 14.03.10	National Indoor Championships	Oviedo	ESP
13.03.10	- 14.03.10	National Indoor Championships	Bucharest	ROU
21.03.10		National Indoor Championships	tbd	DEN

## 5.2. National Outdoor Championships

13.02.10	- 14.02.10	National Championships - Long Throwings	Adler	RUS
20.02.10	- 21.02.10	Seyfi Alanya Winter Throwing Championships	Mersin	TUR
24.02.10	- 26.02.10	Ukrainian Winter Throwing Championships	Yalta	UKR
04.03.10	- 06.03.10	National Championships - Throwings	Adler	RUS
06.03.10		National Throwing Championships	tbd	POR
06.03.10		National Winter Throwing Championships	tbd	CRO
06.03.10	- 07.03.10	National Long Throwing Events Championships	Aix-les-Bains	FRA
07.03.10		Throwing Events Cup	tbd	POR
07.03.10		National Championship Throwing Events	tbd	SLO
09.03.10	- 11.03.10	National Championships Winter Throwing	Bucharest	ROU
14.03.10		National Championships Throwing Events	tbd	SLO
29.03.10	- 31.03.10	Ukrainian Winter Throwing Championships	Yalta	UKR
10.04.10		National Championships (10000 m)	Larnaca	CYP
10.04.10	- 11.04.10	National Student Championships	Nicosia	CYP
18.04.10		National Championships (10000m)	Tel-Aviv	ISR
22.04.10	- 25.04.10	Ukrainian Championships	Yalta	UKR
24.04.10		National Championships Long Distances	tbd	SLO
24.04.10		Throwing Championships	Palanga	LTU
24.04.10	- 25.04.10	National Spring Championships	Nicosia	CYP
26.04.10		National Cup	Tirana	ALB
01.05.10		National Championships	Ohrdruf	GER
01.05.10	- 02.05.10	National Championships	Sofia	BUL
01.05.10	- 02.05.10	Nurullah Ivak Throwing Championships	Bursa	TUR
02.05.10		National Championships (10000m)	Sosnowiec	POL
08.05.10		National Championships (10000 m)	tbd	HUN
08.05.10		National Championships (10000 m)	tbd	AUT
08.05.10	- 09.05.10	National Championships	Nicosia	CYP
08.05.10	- 09.05.10	National Championships	tbd	CRO
09.05.10		National Championships for Clubs	tbd	SLO
14.05.10	- 15.05.10	University National Championships	Constanta	ROU
14.05.10	- 16.05.10	National Championships, Throwing Events	Chisinau	MDA
15.05.10		National Championships (10000 m)	tbd	GRE
15.05.10		National Championships (10000 m)	Veles	MKD
15.05.10	- 16.05.10	National Clubs Championships	tbd	SLO
15.05.10	- 16.05.10	National Team Championships	Bijelo Polje	MNE
16.05.10		National Team Championships Div 1 Gr. A	tbd	SWE
16.05.10		National Team Championships Div 1 Gr. B	tbd	SWE
22.05.10	- 23.05.10	National Championships, Relays	Steinkjer	NOR
22.05.10	- 23.05.10	National Clubs Championships	tbd	FRA
22.05.10	- 23.05.10	Qualification Cup of Macedonia for Senior	Skopje	MKD
23.05.10		National Championships (5000m / 10000m)	Helmond	NED

25.05.10	- 26.05.10	National Championships	Haifa	ISR
27.05.10	- 28.05.10	National Team Championships	Sochi-Adler	RUS
27.05.10	- 29.05.10	Ukrainian Cup (I Round)	Yalta	UKR
28.05.10	- 30.05.10	National Championships, Throwing Events	Chisinau	MDA
29.05.10		National Championships	Veles	MKD
29.05.10		National Championships Relay	Tartu	EST
29.05.10	- 30.05.10	Disabled Outdoor Championships	Emmen	NED
29.05.10	- 30.05.10	High School Championships	Bucharest	ROU
29.05.10	- 30.05.10	National Championships	Artashat	ARM
29.05.10	- 30.05.10	National Championships	Paphos	CYP
29.05.10	- 30.05.10	National Championships Relays	Norrköping	SWE
29.05.10	- 30.05.10	National Clubs Championships - Qual. Round	tbd	POR
02.06.10	- 03.06.10	National Championships	Tel-Aviv	ISR
04.06.10	- 05.06.10	National Championships	Baku	AZE
05.06.10	- 06.06.10	Coppa Italia	Firenze	ITA
05.06.10	- 06.06.10	Final Cup of Macedonia for Seniors	Ohrid	MKD
05.06.10	- 06.06.10	National Championships	tbd	SLO
05.06.10	- 06.06.10	National Championships	Bar	MNE
05.06.10	- 06.06.10	National Championships	tbd	BIH
05.06.10	- 06.06.10	National Championships	Limassol	CYP
05.06.10	- 06.06.10	National Cup Final	tbd	CRO
05.06.10	- 07.06.10	National Championships	Malta	MLT
05.06.10	- 08.06.10	Ukrainian Championships	Donetsk	UKR
11.06.10	- 12.06.10	National Championships	Brest	BLR
12.06.10	- 13.06.10	National Championships	Sofia	BUL
12.06.10	- 13.06.10	National Championships	Oosterhout	NED
12.06.10	- 13.06.10	National Championships	tbd	BEL
12.06.10	- 13.06.10	National Championships	tbd	GRE
12.06.10	- 13.06.10	National Championships	Ohrid	MKD
12.06.10	- 13.06.10	National Clubs Championships - Final	tbd	POR
12.06.10	- 13.06.10	National Cup	tbd	SLO
12.06.10	- 13.06.10	Serbian Cup Final	tbd	SRB
18.06.10	- 20.06.10	National Championships	Cheboksary	RUS
19.06.10	- 20.06.10	Aviva England Championships	Bedford	GBR
19.06.10	- 20.06.10	National Championships	tbd	POR
19.06.10	- 20.06.10	National Championships	Styria (tbd)	AUT
25.06.10		National Championships (10000 m)	tbd	EST
25.06.10	- 27.06.10	Aviva European Trials and UK Championships	Birmingham	GBR
25.06.10	- 27.06.10	National Championships	Tabor	CZE
25.06.10	- 27.06.10	National Championships	Zwolle	NED
25.06.10	- 27.07.10	National Championships	Bialystok	POL
26.06.10		National Championships	Veles	MKD
26.06.10	- 27.06.10	National Championships	Sofia	BUL
26.06.10	- 27.06.10	National Championships	tbd	POR
26.06.10	- 27.06.10	National Championships	tbd	SVK
26.06.10	- 27.06.10	National Championships	tbd	GER
26.06.10	- 27.06.10	National Championships	Pamplona	ESP
26.06.10	- 27.06.10	National Championships	Grodno	BLR
26.06.10	- 27.06.10	National Championships	tbd	CRO
26.06.10	- 27.06.10	National Championships	Larnaca	CYP
26.06.10	- 27.06.10	National Championships	Feldkirch-Gisingen	AUT
26.06.10	- 27.06.10	National Championships (10000 m)	Moscow	RUS
27.06.10		National Championships	Tullamore	IRL

29.06.10 - 30.06.10	National Championships	Sofia	BUL
29.06.10 - 01.07.10	National Championships	Valga	EST
30.06.10 - 01.07.10	National Open Championships	Tel-Aviv	ISR
01.07.10 - 02.07.10	Ukrainian Cup (Final) Throwing Events	Kyiv	UKR
01.07.10 - 04.07.10	Ukrainian Championships	Donetsk	UKR
02.07.10 - 03.07.10	National Championships	tbd	LAT
02.07.10 - 03.07.10	National Championships	Siauliai	LTU
02.07.10 - 04.07.10	National Championships	tbd	HUN
02.07.10 - 04.07.10	National Championships	tbd	GER
02.07.10 - 04.07.10	National Championships	Kazan	RUS
02.07.10 - 04.07.10	National Championships (Veterans)	Arona (Tenerife)	ESP
03.07.10	National Championships (10000 m)	tbd	ESP
03.07.10 - 04.07.10	National Championships	tbd	MNE
03.07.10 - 04.07.10	National Championships	tbd	GRE
03.07.10 - 04.07.10	National Championships	tbd	POR
03.07.10 - 04.07.10	National Championships	tbd	CRO
03.07.10 - 04.07.10	National Championships	Calvia (Mallorca)	ESP
03.07.10 - 04.07.10	National Championships	Castellón	ESP
03.07.10 - 04.07.10	National Championships	tbd	SVK
03.07.10 - 04.07.10	National Championships	tbd	SLO
03.07.10 - 04.07.10	National Championships	Izmir	TUR
03.07.10 - 04.07.10	National Championships	St. Pölten	AUT
06.07.10 - 08.07.10	National Championships	Penza	RUS
08.07.10 - 10.07.10	National Championships	Valence	FRA
09.07.10 - 10.07.10	National Championships	Kaunas	LTU
09.07.10 - 10.07.10	National Championships	tbd	LAT
09.07.10 - 10.07.10	National Championships	Bucharest	ROU
09.07.10 - 11.07.10	National Championships	Bielsko Biala	POL
10.07.10	National Championships (10000 m)	tbd	POR
10.07.10 - 11.07.10	National Championships	tbd	GRE
10.07.10 - 11.07.10	National Championships	tbd	SVK
10.07.10 - 11.07.10	National Championships	Nerja	ESP
10.07.10 - 11.07.10	National Championships	Schifflange	LUX
10.07.10 - 11.07.10	National Championships	Villach	AUT
10.07.10 - 11.07.10	National Relay Championships	Pedersöre	FIN
10.07.10 - 11.07.10	Woodie's DIY Championships	Morton Stadium, Santry	IRL
12.07.10 - 15.07.10	National Championships	Saransk	RUS
14.07.10	National Championships (10000 m / 3000 m SC)	tbd	BEL
15.07.10 - 16.07.10	National Championships	Bucharest	ROU
15.07.10 - 17.07.10	National Championships	Tbilisi	GEO
16.07.10 - 17.07.10	National Championships	Lugano	SUI
16.07.10 - 18.07.10	National Championships	tbd	FRA
16.07.10 - 18.07.10	National Championships	Tallinn	EST
17.07.10 - 18.07.10	Closed National Championships	Gateshead	GBR
17.07.10 - 18.07.10	National Championships	Braunschweig	GER
17.07.10 - 18.07.10	National Championships	Trinec	CZE
17.07.10 - 18.07.10	National Championships	Brussels	BEL
17.07.10 - 18.07.10	National Championships	Aviles	ESP
17.07.10 - 18.07.10	National Championships	tbd	POR
17.07.10 - 18.07.10	National Championships	tbd	MNE
17.07.10 - 18.07.10	National Championships	tbd	SLO
17.07.10 - 18.07.10	National Championships	tbd	MKD
17.07.10 - 18.07.10	Serbian Championships	tbd	SRB

17.07.10 - 18.07.10	SPAR Championships	Amsterdam	NED
23.07.10 - 24.07.10	National Championships	Bucharest	ROU
23.07.10 - 25.07.10	Ogolnopolska Olimpiada Mlodziezy	Zielona Gora	POL
30.07.10 - 31.07.10	National Championships	tbd	LAT
05.08.10 - 08.08.10	National Championships	Kajaani	FIN
06.08.10 - 07.08.10	National Championships	Bucharest	ROU
06.08.10 - 08.08.10	National Championships	Askøy	NOR
06.08.10 - 08.08.10	National Championships	tbd	GER
07.08.10 - 08.08.10	National Championships	tbd	HUN
07.08.10 - 08.08.10	National Championships	Odense	DEN
10.08.10 - 15.08.10	Spartakiada	Novosibirsk	RUS
13.08.10 - 15.08.10	National Championships	Kil	SWE
13.08.10 - 15.08.10	National Championships	Karlstad	SWE
13.08.10 - 15.08.10	National Championships	Tampere	FIN
14.08.10	National Inter Club League Finals	Tullamore	IRL
14.08.10 - 15.08.10	National Championships	Regensburg	GER
14.08.10 - 15.08.10	National Championships	Ylivieska	FIN
14.08.10 - 15.08.10	National Championships	Tornio	FIN
15.08.10	National Team Championships	tbd	MNE
20.08.10 - 22.08.10	National Championships	Sandnes	NOR
20.08.10 - 22.08.10	National Championships	Falun	SWE
26.08.10 - 27.08.10	National Championships	tbd	TUR
28.08.10 - 29.08.10	National Championships	Breclav	CZE
28.08.10 - 29.08.10	National Championships	Krakow	POL
28.08.10 - 29.08.10	National Championships	Aalborg	DEN
03.09.10 - 05.09.10	National Championships	Molde	NOR
04.09.10	Slovenian Cup	tbd	SLO
04.09.10 - 05.09.10	National Championships	Ballerup	DEN
04.09.10 - 05.09.10	National Championships	Bern	SUI
04.09.10 - 05.09.10	National Championships	Oordegem	BEL
04.09.10 - 05.09.10	National Championships	Langenthal	SUI
04.09.10 - 05.09.10	National Championships	tbd	SLO
10.09.10 - 12.09.10	National School Championships	Västerås	SWE
11.09.10	National Championships (10000 m)	Zamosc	POL
11.09.10	National Team Championships	tbd	DEN
11.09.10	National Championships	Frauenfeld	SUI
11.09.10 - 12.09.10	National Championships	tbd	SLO
11.09.10 - 12.09.10	National Championships	Prague	CZE
11.09.10 - 12.09.10	National Championships	Ried im Innkreis	AUT
11.09.10 - 12.09.10	Qualification Cup of Macedonia for Junior	Skopje	MKD
12.09.10	National Team Championships	tbd	CRO
12.09.10	National Championships	Nivelles	BEL
17.09.10 - 19.09.10	National Championships- Relays	Adler	RUS
18.09.10	National Championships Hammer and Weight throw Masters	Oslo	BEL
18.09.10	National Championships of Teams	Collombier	SUI
18.09.10 - 19.09.10	National Championships	tbd	MNE
19.09.10	National Team Championships	Gävle	SWE
19.09.10	National Championships Relays	Braine	BEL
25.09.10	National Championships	Joutseno	FIN
25.09.10 - 26.09.10	Final Cup of Macedonia for Junior	Ohrid	MKD
25.09.10 - 26.09.10	National Championships	tbd	ITA
25.09.10 - 26.09.10	National Relay Championships	Amstelveen	NED
25.09.10 - 26.09.10	National Team Championships	tbd	MNE

26.09.10	National Outdoor Championships Hammer	Beveren	BEL
28.09.10 - 30.09.10	Ukrainian Sport Schools/Colleges Championships	Yalta	UKR
01.10.10 - 02.10.10	High Sports Mastery Schools Cup	Yalta	UKR
02.10.10	National Championships (U14)	Skopje	MKD
09.10.10	National Championships Ekiden	Tallinn	EST
09.10.10 - 10.10.10	National Championships	tbd	ITA
09.10.10 - 10.10.10	National Relay Championships	Castres	FRA
23.10.10 - 24.10.10	National Clubs Championships	tbd	FRA

### 5.3. National Indoor Championships of Combined Events

09.01.10 - 10.01.10	Combined Events Cup	Pombal (tbc)	POR
16.01.10 - 17.01.10	National Indoor Championships	Riga	LAT
21.01.10 - 22.01.10	National Indoor Championships	Mogilyov	BLR
23.01.10	National Indoor Championships	Nenagh, Tipperary	IRL
30.01.10 - 31.01.10	National Indoor Championships	Frankfurt-Kalbach	GER
30.01.10 - 31.01.10	Ukrainian Indoor Cup	Zaporizhzhya	UKR
02.02.10 - 04.02.10	National Indoor Championships	Penza	RUS
06.02.10	Indoor Technical Triathlon	Alpiarça (tbc)	POR
06.02.10 - 07.02.10	National Indoor Championships	Gent	BEL
06.02.10 - 07.02.10	National Indoor Championships	tbd	FRA
06.02.10 - 07.02.10	National Indoor Championships	Snekkersten (Helsingør)	DEN
12.02.10 - 13.02.10	National Indoor Championships	Tallinn	EST
12.02.10 - 13.02.10	National Indoor Championships	Bucharest	ROU
12.02.10 - 14.02.10	National Indoor Championships	Prague	CZE
13.02.10 - 14.02.10	National Indoor Championships	St. Gallen	SUI
13.02.10 - 14.02.10	National Indoor Championships	Spala	POL
17.02.10 - 18.02.10	National Indoor Championships	Sumy	UKR
20.02.10 - 21.02.10	National Indoor Championships	Budapest	HUN
20.02.10 - 21.02.10	National Indoor Championships	Apeldoorn	NED
20.02.10 - 21.02.10	National Indoor Championships	Vienna (AUT)	SLO
20.02.10 - 21.02.10	National Indoor Championships	Vienna	AUT
20.02.10 - 21.02.10	National Indoor Championships	Bucharest	ROU
27.02.10 - 28.02.10	National Championships	Espinho (tbc)	POR
27.02.10 - 28.02.10	National Indoor Championships	Paris (Bercy)	FRA
27.02.10 - 28.02.10	National Indoor Championships	tbd	SLO
27.02.10 - 28.02.10	National Indoor Championships	Athens	GRE
06.03.10 - 07.03.10	National Indoor Championships	Jyväskylä	FIN
13.03.10 - 14.03.10	National Indoor Championships	Västerås	SWE
08.05.10 - 09.05.10	National Championships	Bar	MNE

### 5.4. National Championships of Combined Events

20.01.10	National Winter Championships Combined Events	Tirana	ALB
30.01.10 - 31.01.10	National Championships	Ancona	ITA
07.04.10 - 21.04.10	National Championships	Tirana	ALB
21.04.10 - 22.04.10	National Championships	Tel-Aviv	ISR
24.04.10 - 25.04.10	National Championships	Nicosia	CYP
19.05.10	Cup Albania	Tirana	ALB
22.05.10 - 23.05.10	National Championships	tbd	POR
23.05.10 - 24.05.10	National Championships	Emmeloord	NED
27.05.10 - 28.05.10	National Championships	Yalta	UKR
28.05.10 - 29.05.10	National Championships	Cheboksary	RUS
28.05.10 - 30.05.10	National Championships	Stara Boleslav	CZE

29.05.10 - 30.05.10	National Championships	tbd	SLO
29.05.10 - 30.05.10	National Championships	tbd	GRE
30.05.10	Pentathlon Masters	Eindhoven	NED
02.06.10 - 03.06.10	National Championships	Minsk	BLR
04.06.10 - 05.06.10	Lithuanian Federation's Cup/Sport Clubs' Cup/Championships	Kaunas	LTU
05.06.10 - 06.06.10	National Championships	tbd	LAT
05.06.10 - 06.06.10	National Championships	Opole	POL
17.06.10 - 18.06.10	72nd National Championships	Tirana	ALB
18.06.10	National Championships	tbd	ITA
24.06.10 - 25.06.10	72nd National Championships	Tirana	ALB
08.07.10 - 10.07.10	National Championships	Valence	FRA
17.07.10 - 18.07.10	National Championships	Aviles	ESP
22.07.10 - 23.07.10	National Championships	Bucharest	ROU
30.07.10 - 31.07.10	National Championships	Bucharest	ROU
05.08.10 - 08.08.10	National Championships	Kajaani	FIN
10.08.10 - 11.08.10	National Championships	Rakvere	EST
18.08.10 - 19.08.10	National Championships	Rakvere	EST
21.08.10 - 22.08.10	National Championships	tbd	DEN
21.08.10 - 22.08.10	National Championships	Bogen	GER
21.08.10 - 22.08.10	National Championships	Landquart	SUI
27.08.10 - 29.08.10	National Championships	Wesel	GER
28.08.10 - 29.08.10	National Championships	Liège	BEL
28.08.10 - 29.08.10	National Championships	Amstetten	AUT
03.09.10 - 05.09.10	National Championships	Sastamala & Huitinen	FIN
04.09.10 - 05.09.10	National Championships	Huddinge	SWE
17.09.10 - 19.09.10	National Team Championships	Adler	RUS
18.09.10 - 19.09.10	National Championships	Gemert	NED
02.10.10 - 03.10.10	National Cup	tbd	SLO

## 5.5. National Walking Championships

20.02.10 - 21.02.10	National Championships	Adler	RUS
21.02.10	National Championships	Olhão	POR
07.03.10	National Championships	Santa Eularia des Riu (Ibiza)	ESP
13.03.10	National Championships	Ayvalik	TUR
13.03.10 - 14.03.10	National Championships	Yevpatoriya	UKR
20.03.10	National Championships	Obrochiste	BUL
20.03.10	National Winter Championships	Resita	ROU
21.03.10	National Championships (20 km)	tbd	GRE
27.03.10	National Championships (50 km Men, 20 km Women)	Dudince	SVK
10.04.10	National Championships	Podebrady	CZE
10.04.10	National Championships	Nesvizh	BLR
18.04.10	National Championships	Murjani	LAT
25.04.10	National Opened 20km Championships	Békéscsaba	HUN
15.05.10	National Championships	Jurmala	LAT
23.05.10	National Championships (20 km Men, 10 km Women)	Innsbruck	AUT
30.05.10	National Championships	Naumburg	GER
05.06.10	National Championships (20 km)	Nowa Deba (date tbc)	POL
05.06.10	National Championships (20 km Men)	Borsky Mikulas	SVK
11.06.10	National Championships	Alytus	LTU
12.06.10	National Opened 20km Championships	Miskolc	HUN
12.06.10	National Championships	Sumy	UKR
12.06.10 - 13.06.10	National Championships	Cheboksary	RUS

26.06.10	National Championships	Bucharest	ROU
10.07.10	National Championships	Tabivere	EST
05.08.10	National Championships	Kajaani	FIN
28.08.10	National Championships (20 km)	Gdansk	POL
04.09.10	National Championships	Drusininkai	LTU
18.09.10	National Championships	Gleina	GER
18.09.10	National Championships	Lappeenranta	FIN
18.09.10	National Championships (50 km)	tbd	ROU
25.09.10	National Championship (20 km, 50 km)	Haapsalu,Paralepa	EST
02.10.10	National Championships (50 km Men; 20 km Women)	Hollenburg	AUT
10.10.10	National Championships	Ivano-Frankivsk	UKR
07.11.10	National Championship (50 km)	tbd	GRE

## 5.6. National Cross Country Championships

03.01.10	National Championships	Larnaca	CYP
17.01.10	McCain UK Cross Challenge	Cardiff	GBR
23.01.10	McCain UK Cross Challenge	Antrim	GBR
12.02.10	National Championships	Tel-Aviv	ISR
14.02.10	National Championships	tbd	TUR
14.02.10	National Championships	Tirana	ALB
20.02.10	National Championships	tbd	SRB
21.02.10	National Championships	Athens	GRE
21.02.10	National Championships	Volpiano Turin	ITA
21.02.10 - 22.02.10	National Championships Clubs	tbd	ESP
27.02.10	National Championships	Lukovit	BUL
28.02.10	National Championships	Diekirch	LUX
28.02.10	National Championships	Skopje	MKD
28.02.10	Cross Country Championships	tbd	MNE
06.03.10	National Championships	Stockach	GER
06.03.10	National Championships	St. Maurice	SUI
06.03.10 - 07.03.10	National Championships	tbd	AZE
06.03.10 - 07.03.10	SPAR National Championships All Categories	Hellendoorn	NED
07.03.10	National Championships	La Roche-sur-Yon	FRA
07.03.10	National Championships	tbd	IRL
07.03.10	National Championships (Long Distance)	Albufeira	POR
07.03.10	National Cross Country Championships, Clubs	tbd	CRO
13.03.10	National Championships	Viborg	DEN
13.03.10	National Championships	tbd	SLO
13.03.10	National Championships (Short Distance)	Vagos (tbc)	POR
13.03.10	McCain UK Cross Challenge Final	Coften Park	GBR
14.03.10	National Championships	Viborg	DEN
14.03.10	National Championships	Oostende	BEL
14.03.10	National Championships	Bydgoszcz	POL
14.03.10	National Championships	Vienna	AUT
14.03.10	National Championships	La Coruña	ESP
14.03.10	National Championships	Capua	ITA
20.03.10	National Championships	Temelin	CZE
20.03.10	National Championships	tbd	SVK
21.03.10	National Championships	Seraing	BEL
25.03.10 - 26.03.10	Ukrainian Winter Cross Country Championships	Tsyurupynsk	UKR
27.03.10	National Championships	Chorzow	POL
27.03.10	National Championships	tbd	ROU

10.04.10 - 11.04.10	National Championships	Tønsberg	NOR
17.04.10	National Championships	Riga	LAT
23.04.10	National Championships	Palanga	LTU
24.04.10	National Championships	Zhukovskiy	RUS
24.04.10 - 25.04.10	National Championships	Borås	SWE
26.04.10	National Championships	Kõrvemaa	EST
01.05.10	National Championships (12 km)	Viljandi	EST
16.05.10	National Championships	Lahti	FIN
18.09.10	National Championships	Lillehammer	NOR
01.10.10 - 02.10.10	National Championships	Nabran	AZE
02.10.10 - 03.10.10	National Championships	Orenburg	RUS
08.10.10 - 09.10.10	National Championships	Khanjyan village	ARM
09.10.10	National Cross Country Championships and International Cross Country (Siltyne)	Ulaanbaatar	LTU
23.10.10	National Championships	Chisinau	MDA
23.10.10	National Championships	Grodno	BLR
23.10.10 - 24.10.10	National Championships	Kirovohrad	UKR
30.10.10	National Championships	Resita	ROU
27.11.10	National Championships	Namyslow	POL
27.11.10	National Championships	tbd	CRO
27.11.10	UKA European Cross Country Trials	tbd	GBR

## 5.7. National Road Race Championships

08.11.09	Marathon National Championships	Porto	POR
17.01.10	National Road Race Championships	tbd	POR
24.01.10	National Championships (Half Marathon)	Larnaca	CYP
28.02.10	National Championships	Limassol	CYP
21.03.10	National Championship 100km	Madrid	ESP
27.03.10	National Championships	Payerne	SUI
28.03.10	10 km Road Race and National Championships	Aarhus	DEN
11.04.10	National Championships (Marathon)	Debno	POL
11.04.10	National Championships	Zürich	SUI
17.04.10	National Road Race Championships 10km	tbd	ESP
18.04.10	National Championships	tbd	GER
18.04.10	National Championships	Dublin	IRL
18.04.10	National Road Running Championships	Encs	HUN
25.04.10	National Championships (Half Marathon)	Lyngby (Copenhagen)	DEN
25.04.10	National Championships (Half Marathon)	Plzen	CZE
25.04.10	National Championships (Marathon)	Madrid	ESP
25.04.10	National Championships 100 km	Pushchino	RUS
25.04.10	National Road Race Championships	Hamina	FIN
25.04.10	Ukrainian Road Race 20km Championships	Dnipropetrovsk	UKR
02.05.10	National Marathon Championships	Cheboksary	RUS
08.05.10 - 09.05.10	National Championships 24 Hours	Steenbergen	NED
09.05.10	National Championships	Mainz	GER
09.05.10	National Championships (Marathon)	Prague	CZE
15.05.10	National Championships	Sola	NOR
22.05.10 - 23.05.10	National Championships 24 hours	Moscow	RUS
05.06.10	National Championships (Marathon)	Stockholm	SWE
11.06.10 - 12.06.10	National Championships	Biel	SUI
18.06.10	National Championships 100km	Torhout	BEL
07.08.10	National Championships (Half Marathon)	Kuldiga	LAT
14.08.10	National Championships	tbd	EST

28.08.10	Ukrainian Road Race 10km Championships	Slovjansk	UKR
04.09.10	National Championships (Half Marathon)	Stockholm	SWE
04.09.10	National Championships (Half Marathon)	Cheboksary	RUS
04.09.10	National 10 km Championships and International road race	Vilnius	LTU
04.09.10	National Championships (Half Marathon)	tbd	ROU
04.09.10 - 05.09.10	National Championships Road Race 24 Hours	St. Kanzian	AUT
05.09.10	National Championships (Half Marathon)	Pila	POL
11.09.10	National Championships 100 km	Winschoten	NED
11.09.10	National Championships, 10 km	Ohrdruf	GER
11.09.10 - 12.09.10	National Championships 24 hours	Katowice	POL
12.09.10	National Championships	Tallinn	EST
12.09.10	Vilnius International Marathon	Vilnius	LTU
18.09.10	National Championships (Half Marathon)	Sagunto (Valencia)	ESP
18.09.10	National Championships	Uster	SUI
19.09.10	National Championships	Krems	AUT
25.09.10	Half Marathon, Nida International Marathon	Nida	LTU
26.09.10	Championnats Nationaux de semi-marathon	Remich	LUX
26.09.10	National Championships, Road Race 10 km	Prague	CZE
26.09.10	National Championships	Oslo	NOR
02.10.10	National Championships Road Race 10km	Vienna	AUT
03.10.10	25e AMGEN Singelloop/National Championships Half Marathon	Breda	NED
03.10.10	National Championships (Marathon)	Brussels	BEL
03.10.10	National Marathon Championships	Kosice	SVK
10.10.10	National Championships (Marathon)	Graz	AUT
16.10.10	National Road Race Championships-10km	tbd	SLO
17.10.10	Championnats Nationaux de Marathon	Echternach	LUX
17.10.10	National Championships (Marathon)	Bucharest	ROU
23.10.10	National Championships 100 km	Kalisz	POL
31.10.10	National Marathon Championships	Athens	GRE
02.11.10	National Championships - Ashdod Road Race	Ashdod	ISR
06.11.10	National Road Race Championships	Ungheni	MDA

## 5.8. National Mountain Running Championships

27.03.10	National Championships (up)	Zheleznovodsk	RUS
23.04.10	National Championships	Manara	ISR
25.04.10	National Championships	Sapareva Banya	BUL
25.04.10	National Championships	Skopje	MKD
01.05.10	National Mountain Running Teams Championships (up/down)	Moscow	RUS
14.05.10 - 15.05.10	National Championships (up/down)	tbd	RUS
16.05.10	National Championships	tbd	ITA
30.05.10	National Championships	Malmedy	BEL
05.06.10	National Championships	tbd	POR
06.06.10	National Championships	Leogang	AUT
06.06.10	Aroma National Mountain Running Championships (up/down)	Sinaiya	TUR
12.06.10	National Championships Mountain Running (Long Distance)	Lackenhof/Ötscher	AUT
13.06.10	National Championships	Nalda (La Rioja)	ESP
03.07.10	National Championships	Voss	NOR
11.07.10	National Championships	tbd	ITA
11.07.10	National Championships	Montreux	SUI
07.08.10	National Championships	Janske Lazne - Cerna hora	CZE
02.09.10	National Championships	Bursa	TUR
09.10.10	National Championships	Romania	ROU

22.10.10	ARAF Championships - Mountain Running (up)	Krasnaya Polyana	RUS
24.10.10	National Championships - Mountain Running (Long Distance)	Krasnaya Polyana	RUS
05.11.10	Russian Cup Final - Mountain Running	Moscow	RUS

## 6.1. Indoor Meetings with National Permit

07.01.10	Christmas Starts	Yekaterinburg	RUS
11.01.10	Christmas Cup	Moscow	RUS
16.01.10	8. Dussmann Indoor Meeting	Luxembourg-Kirchberg	LUX
16.01.10	National Olympic Training Centre in Athletics Indoor Prizes	Minsk	BLR
17.01.10	AAI Games	Nenagh	IRL
20.01.10	BIGBANK Estonian Winter GP I	Tallinn	EST
21.01.10	Ostravska latka	Ostrava	CZE
22.01.10	Int. Shot Put Meeting, Energie-Kugelstoß-Indoor	Nordhausen	GER
23.01.10	ASVÖ Vienna Indoor Gala	Vienna	AUT
23.01.10	Gubernator Cup	Volgograd	RUS
23.01.10	Jablonecka hala 2010	Jablonec nad Nisou	CZE
23.01.10	Moravia high jump tour - Hustopecske skakani	Hustopece	CZE
26.01.10	Moravia high jump tour - Beskydska latka	Trinec	CZE
27.01.10	Int. Indoor Meeting, Springer-Meeting (PV Men, HJ Women)	Coltitz	GER
29.01.10 - 30.01.10	Azerbaijani Indoor Cup	Baku	AZE
30.01.10	BIGBANK Estonian Winter GP II	Tartu	EST
30.01.10	Gubernator Prizes	Krasnodar	RUS
30.01.10	Grand Prix Stage 1	Bucharest	ROU
30.01.10	Lithuanian Federation's Cup	Vilnius	LTU
30.01.10	National Indoor Cup	Mogilyov	BLR
31.01.10	Raka Spåret	Stockholm	SWE
31.01.10	Elan Indoor Meeting 2010	Bratislava	SVK
02.02.10	Indoor Classic Vienna	Vienna	AUT
04.02.10	Gugl Indoor Meeting	Linz	AUT
06.02.10	Akademik International Indoor Meeting	Sofia	BUL
06.02.10	Stars' Games	Tampere	FIN
06.02.10	Grand Prix Stage 2	Bucharest	ROU
06.02.10 - 07.02.10	A.Antipov's Memorial	Baku	AZE
07.02.10	Grand Prix Olymp	Prague	CZE
07.02.10	Grand Prix	Bucharest	ROU
09.02.10	Brnenska latka Alfa Helicopter	Brno	CZE
10.02.10	BIGBANK Estonian Winter GP Final	Tallinn	EST
10.02.10	Eduard Gregorian Memorial	Moscow	RUS
11.02.10	Botnia Games	Vaasa	FIN
11.02.10	Novinarska latka 2010	Prague	CZE
12.02.10	Bulatov Memorial, Pole Vault	Mogilyov	BLR
12.02.10 - 13.02.10	Int. Meeting, Stabhochsprung-Meeting (PV)	Potsdam	GER
13.02.10	Int. Meeting, Sparkassen-Hallen-Meeting	Leipzig	GER
13.02.10	MASZ International Indoor Meeting	Budapest	HUN
13.02.10	Grand Prix	Bucharest	ROU
17.02.10	Pole Vault of Prague 2010	Prague	CZE
20.02.10	Meeting Cidade de Pombal	Pombal	POR
27.02.10	Florø Indoor	Florø	NOR
27.02.10	Open Start Indoor Students Championships	Sofia	BUL
02.03.10	Meeting Seat	Paris (Bercy)	FRA
05.03.10	Vasyl and Serhiy Bubka Prizes (Pole Vault)	Donetsk	UKR
01.07.10 - 02.07.10	National Youth Championships	Vitebsk	BLR

## 6.2. Outdoor Meetings with National Permit

07.02.10	McCain City Competition	Not Decided	GBR
09.02.10 - 10.02.10	National Winter Throwing Championships	Minsk, Staiki	BLR
20.02.10	LVS Cup	Kuldiga	LAT
24.02.10 - 25.02.10	Lunev's Memorial, Long Throwings	Adler	RUS
07.04.10	Malta International Youth Meeting	Marsa	MLT
10.04.10	Malta International (Open and Juniors)	Malta	MLT
11.04.10	3rd Junior Meeting	Drianovo	BUL
18.04.10	Athletic Meeting "Montenegro trophy"	Bar	MNE
20.04.10	Second Junior Memorial	Sofia	BUL
23.04.10 - 24.04.10	Nizamutdinov Prizes	Adler	RUS
23.04.10 - 25.04.10	Russian Meeting for Youth - Moscow Cup	Moscow	RUS
24.04.10	"Boris Muleshkov" Memorial	Panagjuriste	BUL
24.04.10	Opening of new season 2010	Skopje	MKD
25.04.10	3th Shot put meeting "Drazevina"	Podgorica	MNE
27.04.10 - 29.04.10	Synytskyy, Vystavkin and Kanaki Memorial	tbd	UKR
01.05.10	15th International athletic meeting	Bar	MNE
05.05.10 - 06.05.10	Youth Olympic Festival	Brest	BLR
07.05.10 - 08.05.10	Athletics day	Baku	AZE
07.05.10 - 08.05.10	Grand Prix Stage 1	Bucharest	ROU
08.05.10	Ter Specke Bokaal	Lisse	NED
08.05.10 - 09.05.10	World Athletics Day	Artashat	ARM
09.05.10	Memorial "Veselin Daskalov"	Lukovit	BUL
11.05.10 - 13.05.10	All-Ukrainian Throwing Meeting (I Round)	tbd	UKR
13.05.10	Flanders cup meeting - International Peugeot meeting	Sint Niklaas	BEL
15.05.10	"Nikola Valchanov" Meeting	Gabrovo	BUL
15.05.10	International Athletic Meeting	Split	CRO
15.05.10	International Meeting "Magyar Szo"	Senta	SRB
15.05.10 - 16.05.10	Youth Olympics Tournament	tbd	POR
16.05.10	AAI Games	tbd	IRL
19.05.10	International Meeting Ohrid 2010	Ohrid	MKD
20.05.10 - 21.05.10	IAAF World Athletic Day	Dnipropetrovsk	UKR
21.05.10	Athletic meeting	Bijelo Polje	MNE
21.05.10 - 22.05.10	Grand Prix Stage 1	Bucharest	ROU
22.05.10	Flynth Recordwedstrijden	Hoorn	NED
22.05.10	National Cup of the Republic of Belarus	Brest	BLR
23.05.10	40th Int. Franz Schuster Memorial	Schwechat	AUT
23.05.10	Brixia Meeting	Bressanone	ITA
23.05.10	Slovenian Grand Prix	Slovenska Bistrica	SLO
23.05.10 - 24.05.10	8. Nat. Meeting, Hammerwurf-Meeting (HT)	Fränkisch-Crumbach	GER
24.05.10	Swiss Meeting	Basel	SUI
26.05.10	New Stars International Meeting	Sofia	BUL
26.05.10	Haifa Meeting	Haifa	ISR
27.05.10	BIGBANK Estonian GP I	Jõgeva	EST
27.05.10 - 29.05.10	All-Ukrainian Throwing Meeting (II Round)	tbd	UKR
28.05.10 - 29.05.10	Azerbaijani Cup and A.Safarov's memorial	Baku	AZE
29.05.10	Austrian Top-4 Meeting	Villach	AUT
29.05.10	Florø Athletics Festival	Florø	NOR
29.05.10	Int. Meeting, Ritter-Hundt-Event (PV)	Saulheim	GER
29.05.10	International Junior Meeting	Rijeka	CRO

29.05.10		2nd Throwing Cup	tbd	MNE
30.05.10	- 31.05.10	National Meeting for Juniors	Tula	RUS
01.06.10		BIGBANK Estonian GP II - 46th G. Sule Memorial	Tartu	EST
03.06.10		Austrian Top-4 Meeting	St. Pölten	AUT
03.06.10		Slovenian Grand Prix	Ljubljana	SLO
05.06.10		"Boteva Slava" Meeting	Vratza	BUL
05.06.10		Zalaszam CUP	Zalaegerszeg	HUN
05.06.10		15th Yilmaz Sazak Memorial	Istanbul	TUR
05.06.10		Olympic Champions Prizes	Minsk	BLR
05.06.10	- 06.06.10	Nelli Cooman Games (IWAS Competition)	Stadskanaal	NED
06.06.10		Int. Meeting, Sparkassen-Gala	Regensburg	GER
06.06.10		Slovenian Grand Prix	Postojna	SLO
07.06.10		Folksam Challenge 1	tbd	SWE
07.06.10		Neurim Meeting	Neurim	ISR
09.06.10		Slovenian Grand Prix	Celje	SLO
11.06.10	- 12.06.10	Grand Prix Stage 2	Bucharest	ROU
11.06.10	- 12.06.10	Russian Cup	Yerino	RUS
12.06.10		ASICS Gouden Spike	Leiden	NED
12.06.10		Dinamo 2010 International Meeting	Zagreb	CRO
12.06.10		International Meeting U-23	Bydgoszcz	POL
12.06.10		Atletissima Namur	Namur	BEL
12.06.10		EAP & Swiss Meeting	Genève	SUI
12.06.10		Grand Prix Mountain Running	tbd	ROU
13.06.10		Folksam Challenge 2	Tbd	SWE
13.06.10		National Meeting	Zeulenroda	GER
15.06.10		Tallinn 2010	Tallinn	EST
18.06.10	- 20.06.10	Finlandia Junior Games	Helsinki & Espoo	FIN
19.06.10		Encuentro Diputación de Caceres	Caceres	ESP
19.06.10		Reunión Internacional Villa de Bilbao	Bilbao	ESP
19.06.10		International Pole Vault Meeting	Kyiv	UKR
19.06.10	- 20.06.10	Grand Prix	Bucharest	ROU
22.06.10		23rd Salgótarján International Jumping Gala	Somoskö	HUN
23.06.10		Pole Vault of Prague 2010	Prague	CZE
25.06.10		BIGBANK Estonian GP III	Kohila	EST
25.06.10		Int. Meeting, Bayer-Meeting	Leverkusen	GER
26.06.10		38. Memorial J. Zylewicz	Gdansk	POL
26.06.10		HONVED International Meeting	Budapest	HUN
26.06.10		Int. Meeting, DLV Leichtathletik-Gala	Bochum-Wattenscheid	GER
26.06.10		Kuortane Games	Kuortane	FIN
26.06.10		Meeting International Nivelles	Nivelles	BEL
26.06.10		Swiss Meeting	Hochdorf	SUI
26.06.10	- 27.06.10	Russian meeting	Moscow	RUS
30.06.10		Espoo Games	Espoo	FIN
30.06.10		Papendal Games	Papendal	NED
30.06.10		Varazdin International Meeting	Varazdin	CRO
01.07.10		Leap	Loughborough	GBR
02.07.10		Austrian Top-4 Meeting	Ried im Innkreis	AUT
02.07.10		Int. Meeting	Rhede	GER
02.07.10		Sithonia Int Throwing Event	Nikiti	GRE
03.07.10		"Jumps Academy" Meeting	Plovdiv	BUL
03.07.10		MONDO Keien Meeting	Uden	NED
03.07.10		Flanders cup meeting - Memorial Leon Buyle	Oordegem	BEL
03.07.10	- 04.07.10	Int. Meeting, BAUHAUS-Junioren-Gala	Mannheim	GER

04.07.10	Grand Prix Stage 2	Bucharest	ROU
04.07.10	Swiss Meeting	La Chaux-de-Fonds	SUI
04.07.10	Swiss Meeting (date tbc)	Jona	SUI
06.07.10	BIGBANK Estonian GP IV	Viljandi	EST
07.07.10	Moscow Cup - Kuts Memorial	Moscow	RUS
07.07.10	Cena Slovenska	Bratislava	SVK
07.07.10	Jerusalem Meeting	Jerusalem	ISR
07.07.10	National Olympic Training Centre in Athletics Outdoor	Minsk, Staiki	BLR
08.07.10	Slovenian Grand Prix	Maribor	SLO
09.07.10	Int. Meeting	Bottrop	GER
10.07.10	Balaton Championships	Veszprém	HUN
10.07.10	Città di Pergine	Pergine Valsugana	ITA
10.07.10	International Meeting "Vulpev Bahchevanov"	Plovdiv	BUL
10.07.10	Swiss Meeting	Bern	SUI
10.07.10 - 11.07.10	McCain Jumps and Throws Fest	tbd	GBR
11.07.10	Flanders Cup Meeting	Kortrijk	BEL
11.07.10	Open Eindhovense	Eindhoven	NED
11.07.10	Disability Athletics Challenge	Gateshead	GBR
11.07.10	Internationale Atletiek@Vlaanderen	Brasschaat	BEL
12.07.10	Tel-Aviv Meeting	Tel-Aviv	ISR
13.07.10	Grand Prix Usti nad Labem	Usti nad Labem	CZE
13.07.10	Slovenian Grand Prix	Novo Mesto	SLO
13.07.10	Athletic meeting "13 July"	Danilovgrad	MNE
14.07.10	Folksam Grand Prix - Karlstad GP	Karlstad	SWE
14.07.10	International Competitions in Memory of Belarusian Athletes	Minsk, Staiki	BLR
14.07.10 - 15.07.10	Ukrainian Cup (Final)	Vinnytsya	UKR
15.07.10	Lappeenranta Games	Lappeenranta	FIN
16.07.10 - 17.07.10	The States President Cup	Valmiera	LAT
17.07.10	ARAK Cup	Székesfehérvár	HUN
17.07.10	Austrian Top-4 Meeting	Kapfenberg	AUT
18.07.10	Memorial Janusza Sidly, GP Sopot	Sopot	POL
18.07.10	Savo Games	Lapinlahti	FIN
21.07.10	Flanders cup meeting - Nacht van de Gentse feesten	Gent	BEL
22.07.10	Madeira International Meeting	Ribeira Brava	POR
24.07.10	McCain Birmingham Games	Birmingham	GBR
26.07.10	International Meeting Skopje 2010	Skopje	MKD
27.07.10	Folksam Challenge 3	Tbd	SWE
07.08.10	Amsterdam Open	Amsterdam	NED
07.08.10	Flanders cup meeting - Memorial Rasschaert	Ninove	BEL
08.08.10	2nd Jumping Cup	Bar	MNE
10.08.10	Irkutsk Athletes Memorial	Irkutsk	RUS
12.08.10	Copenhagen Athletic Games	Copenhagen	DEN
14.08.10	Mlada Evropa 2010	Jablonec nad Nisou	CZE
14.08.10	Flanders cup meeting - Atletiekmeeting voor Mon	Leuven	BEL
14.08.10	Swiss Meeting	Fribourg	SUI
16.08.10	Istvan Gyulai Memorial - Budapest Grand Prix	Budapest	HUN
17.08.10	XII International Meeting W. Komar & T. Slusarski	Miedzysdroje	POL
20.08.10	Nat. Meeting, Thumer Werfertag (SP, DT, HT, JT)	Thum	GER
21.08.10	Joensuu Games	Joensuu	FIN
25.08.10	Plzenska tycka 2010	Plzen	CZE
25.08.10	Super8 City Competition	Not Decided	GBR
28.08.10	Track Meeting Breda	Breda	NED
28.08.10	Flanders cup meeting - Internationaal Antwerps Atletiek	Merkelbeem	BEL

28.08.10 - 29.08.10	Nat. Meeting, Köstritzer Werfertag (SP, DT, HT, JT)	Bad Köstritz	GER
29.08.10	McCain UK Challenge Final + Invitation CWG	Cardiff	GBR
04.09.10	Terra Sarda	Orroli (CA) Sardinia	ITA
08.09.10	Slovenian Grand Prix	Brezice	SLO
09.09.10 - 10.09.10	Moskva Zlatoglavaya	Moscow	RUS
11.09.10	18th Memorial "Miteto"	Koynare	BUL
11.09.10	Kelet Cup	Debrecen	HUN
12.09.10	Arena Games	Hilversum	NED
12.09.10	Slavonia Trophy	Osijek	CRO
14.09.10 - 15.09.10	European Kids Athletics Games	Brno	CZE
16.09.10	Ergo World Discus Challenge	Tartu	EST
18.09.10	"Children of Sofia" Youth Meeting	Sofia	BUL
18.09.10	Festival of Kid's Athletics	&#268;itluk	BIH
25.09.10 - 26.09.10	Armenian Athletic Federation Cup	Artashat	ARM
25.09.10 - 26.09.10	Maly Memorial Janusza Kusocinskiego	Torun	POL
03.10.10	Bukovynska Mile	Chernivtsi	UKR
09.10.10	XIV International Walking Meeting Vechirniy Ivano-Frankivsk	Ivano-Frankivsk	UKR

### 6.3. Combined Events Indoor Meetings with National Perm

12.02.10 - 13.02.10	International Combined Events in Tallinn	Tallinn	EST
05.03.10 - 06.03.10	Russian Indoor Cup	Moscow	RUS
05.06.10 - 06.06.10	England Athletics Combined Events Championships	Stoke	GBR

### 6.4. Combined Events Meetings with National Permit

20.04.10	Kupa Nder Figurave	Tirana	ALB
22.05.10 - 23.05.10	Nat. Combined Events Meeting	Bernhausen	GER
28.05.10 - 29.05.10	Grand Prix	Bucharest	ROU
29.05.10 - 30.05.10	Flanders Cup	Herentals	BEL
26.06.10 - 27.06.10	Russian Cup	Yerino	RUS
03.07.10 - 04.07.10	Flanders Cup	Nieuwpoort	BEL
24.07.10 - 25.07.10	Fred Kudu 21th Memorial	Tartu	EST
07.08.10 - 08.08.10	England Athletics U17/U15 Combined Events Championships	Stoke	GBR
07.08.10 - 14.08.10	Flanders Cup	Dilbeek	BEL

### 6.5. Race Walking Races with National Permit

17.04.10	International Meeting	Zaniemysl	POL
01.05.10	International Meeting A.Mikenas Memorial	Birstonas	LTU
01.05.10	Phoenixmarch, Int. Race Walking Meeting	Vallensbaek	DEN
09.05.10	Race Walking Festival	Podolsk	RUS
29.05.10	Int. Race Walking Meeting 15th Bruno Junk Memorial	Valga	EST
05.06.10	Zahoracka 20 - Race Walking Meeting	Borsky Mikulas	SVK
11.06.10	International Meeting	Alytus	LTU
28.08.10	46th Cup of the Polish Post Defencers	Gdansk	POL
04.09.10	Russian Cup	Podolsk	RUS
04.09.10	International Meeting	Druskininkai	LTU
23.09.10	Russian Walking Meeting	Buy	RUS
02.10.10	Race Walking Cup, Pochenchuk Memorial	Grodno	BLR

### 6.6. Cross Country Races with National Permit

09.10.09	"Amber Sea Mile"	Klaipeda (Smiltyne)	LTU
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15.11.09	Cross de Torres Vedras	Torres Vedras	POR
03.01.10	Lotto Crosscup Hulshout	Hulshout	BEL
10.01.10	23th Cross Internacional del Calzado	Fuensalida (Toledo)	ESP
10.01.10	56th Cross Internacional Zornotza	Amorebieta	ESP
16.01.10 - 17.01.10	41e BN/deStem Mastboscross	Breda	NED
17.01.10	XXII Cross Internacional Ayuntamiento de Camargo	Maliaño (Cantabria)	ESP
24.01.10	26th Cross Ciudad de Haro	Haro (La Rioja)	ESP
24.01.10	67th Cross Inter. Memorial Juan Muguerza	Elgoibar	ESP
31.01.10	22th Cross Internacional Ciudad de Valladolid	Valladolid	ESP
31.01.10	55rd Cross Internacional de Donostia	San Sebastian	ESP
07.02.10	31th Cross Ciudad de Castellon GP Bancaja	Castellón	ESP
14.02.10	40th Gran Premio Caceres de Campo a Traves	Montehermoso (Caceres)	ESP
14.02.10	Lotto Crosscup de la Province de Liege	Hannut	BEL
28.02.10	Ras Na hEireann	TBD	IRL
28.02.10	Lotto Cross Cup Hainaut	Dour	BEL
06.03.10	Cross "Metodija Venouski-Meto"	Skopje	MKD
08.05.10	Cross Country Cup	Minsk	BLR
25.09.10	Lidingöloppet Cross Country 30km	Lidingö	SWE
25.09.10	RTS Cross Stage 1	SRB	SRB
26.09.10	Lidingöloppet Cross Country 10km	Lidingö	SWE
02.10.10	RTS Cross Stage 2	SRB	SRB
09.10.10	RTS Cross Stage 3	SRB	SRB
16.10.10	RTS Cross Stage 4	SRB	SRB
23.10.10	"Lukovitski Momii" Race	Lukovit	BUL
24.10.10	Lotto Crosscup Relays Oost-Vlaanderen	Gent	BEL
07.11.10	Lotto Crosscup van provincia Antwerpen	Mol	BEL
13.11.10	"Diana" Race	Yambol	BUL
21.11.10	Lotto Crosscup van West-Vlaanderen EAA permit	Roeselare	BEL
27.11.10	Budapest International Challenge	Budapest	HUN
19.12.10	Iris Lotto Cross Cup	Brussels	BEL
31.12.10	Sylvestercross	Soest	NED

### 6.7.1. Marathons & Half Marathons

07.01.10	Tiberias Marathon	Tiberias	ISR
10.01.10	38e PWN Egmond Half Marathon	Egmond aan Zee	NED
24.01.10	XX Media Marathon Internacional Villa de Santa Pola	Santa Pola (Alicante)	ESP
31.01.10	41 Winter Marathon "The Road of Life"	St.Petersburg	RUS
20.02.10	Dead Sea Half Marathon	Ein-Gedi	ISR
21.02.10	37e Centraal Beheer Achmea Midwinter Marathon	Apeldoorn	NED
21.02.10	30th Trabzon Half Marathon	Trabzon	TUR
28.02.10	Half Marathon Roma - Ostia	Roma	ITA
28.02.10	XXVII Media Maraton Ciudad de Torre Vieja	Torre Vieja	ESP
06.03.10	Porto Santo Marathon and Half Marathon	Porto Santo	POR
07.03.10	Marathon de Barcelona	Barcelona	ESP
07.03.10	XIX Media Marathon Ribarroja de Turia	Ribarroja (Valencia)	ESP
07.03.10	5th Oger Antalya Marathon - Runtalya 2010	Antalya	TUR
14.03.10	36e Fortis City-Pier-City Loop	Den Haag	NED
21.03.10	Marathon de Monaco et des Riviera	Monaco	MON
21.03.10	Rome Marathon	Roma	ITA
21.03.10	Venloop	Venlo	NED
21.03.10	Wien Energie Half Marathon	Vienna	AUT
27.03.10	Media Marathon Azkoitia-Azpeitia	Azkoitia	ESP

27.03.10	10.International Ultra-Marathon Montenegro-2010	Podgorica	MNE
28.03.10	Stramilano Halfmarathon	Milano	ITA
28.03.10	Bratislava City Marathon 2010	Bratislava	SVK
04.04.10	Golden Horn Half Marathon	Istanbul	TUR
05.04.10	Jaarbeurs Utrecht Marathon	Utrecht	NED
10.04.10	National Championships	Plovdiv	BUL
11.04.10	Fortis Rotterdam Marathon	Rotterdam	NED
11.04.10	Linz Marathon	Linz	AUT
11.04.10	Milano City Marathon	Milano	ITA
11.04.10	X Media Maraton Villa de Madrid	Madrid	ESP
18.04.10	Belgrade Marathon	SRB	SRB
18.04.10	Vienna City Marathon	Vienna	AUT
25.04.10	42e Enschede Marathon	Enschede	NED
25.04.10	BT Half Marathon	Lyngby (Copenhagen) (DEN)	DEN
25.04.10	Conergy Marathon	Hamburg	GER
25.04.10	Padova Marathon	Padova	ITA
25.04.10	XXXIII Marathon Popular de Madrid	Madrid	ESP
25.04.10	Antwerp Marathon	Antwerp	BEL
25.04.10	Virgin London Marathon	London	GBR
02.05.10	Brno Runs 2010, Half Marathon	Brno	CZE
02.05.10	Trieste Marathon of Europe	Trieste	ITA
03.05.10	Belfast Marathon	Belfast	GBR
08.05.10	Marathon Kavarna	Kavarna	BUL
08.05.10	National Championships (Marathon)	Kavarna	BUL
09.05.10	Skopje Marathon / Half Marathon 2010	Skopje	MKD
09.05.10	XV Media Marathon Ciudad de Albacete	Albacete	ESP
15.05.10	ING-europe marathon	Luxembourg	LUX
15.05.10	National Championships (Marathon)	Radenci	SLO
16.05.10	International Marathon	Medias/Sighisoara	ROU
22.05.10	GöteborgsVarvet	Göteborg	SWE
22.05.10	Beh k srdcu SNP Half Marathon	Martin	SVK
23.05.10	Copenhagen Marathon (AIMS)	Copenhagen	DEN
23.05.10	Nordea Riga Marathon		LAT
05.06.10	Stockholm Marathon	Stockholm	SWE
12.06.10	Half Marathon Festival	Zwolle	NED
18.06.10	Marathon Torhout	Torhout	BEL
27.06.10	International Marathon "White Nights"	St.Petersburg	RUS
03.07.10	Paavo Nurmi Marathon	Turku	FIN
07.08.10	International Siberian Marathon	Omsk	RUS
14.08.10	Helsinki City Marathon	Helsinki	FIN
22.08.10	Wörthersee Half Marathon	Klagenfurt	AUT
04.09.10	Stockholm Half Marathon	Stockholm	SWE
05.09.10	National Half Marathon	TBD	IRL
05.09.10	NIKE Budapest Half Marathon	Budapest	HUN
05.09.10	XXVII Media Marathon Ciudad de Motril	Motril (Granada)	ESP
11.09.10	Minsk International Marathon, National Championships	Minsk	BLR
12.09.10	Half Marathon Rotterdam	Rotterdam	NED
12.09.10	International SEB Tallinn Marathon	Tallinn	EST
12.09.10	XXVIII International Moscow Peace Marathon	Moscow	RUS
12.09.10	Vilnius International	Vilnius	LTU
19.09.10	H.C. Andersen Marathon (AIMS)	Odense	DEN
19.09.10	Wachau Marathon	Krems	AUT
19.09.10	4th Sarajevo Half Marathon	Sarajevo	BIH

25.09.10	Nida International	Nida	LTU
26.09.10	49. DEXIA Route du Vin	Remich	LUX
26.09.10	Powerade Copenhagen Halfmarathon	Copenhagen	DEN
26.09.10	SPAR Budapest Marathon and National Championship	Budapest	HUN
26.09.10	National Championships (Marathon)	Valmiera	LAT
02.10.10	Ukrainian Marathon Championships	Bila Tserkva	UKR
03.10.10	Bodensee Dreiländer Marathon	Lindau-Bregenz	AUT
03.10.10	International Ferrari (Carpi) Marathon	Carpi	ITA
03.10.10	X Media Maraton Isla de Menorca	Ciudadella (Menorca)	ESP
03.10.10	Kosice Peace Marathon	Kosice	SVK
09.10.10	Cerski Marathon	SRB	SRB
10.10.10	26th Marathon Eindhoven	Eindhoven	NED
10.10.10	EDF Energy Birmingham Half Marathon	Birmingham	GBR
10.10.10	Graz Marathon	Graz	AUT
10.10.10	Novi Sad Marathon	SRB	SRB
10.10.10	Zagreb Marathon	Zagreb	CRO
10.10.10	Brussels Marathon	Brussels	BEL
17.10.10	Amsterdam Marathon	Amsterdam	NED
17.10.10	32nd Intercontinental Istanbul Eurasia	Istanbul	TUR
17.10.10	Maratona e Popujve	Tirana	ALB
23.10.10 - 24.10.10	15th Ljubljana Maraton, NC Half Marathon	Ljubljana	SLO
24.10.10	Venice Marathon	Venezia	ITA
25.10.10	Lifestyle Sports adidas Dublin National Marathon	Dublin	IRL
31.10.10	Athens Classic Marathon	Athens	GRE
31.10.10	17. International Marathon Podgorica 2010	Podgorica	MNE
09.12.10	Half Marathon Beit-Shean	Beit-Shean	ISR

### 6.7.2. Other Road Races

16.01.10	XXVII Carrera Urbana Noche de San Anton	Jaén	ESP
07.02.10	Maratona del Salento	Parabita (LE)	ITA
14.02.10	33e Groet uit Schoorl Run	Schoorl	NED
21.02.10	Maratona di Verona	Verona	ITA
03.03.10	3rd of March Road Race	Mezdra	BUL
03.03.10	3rd of March Road Race	Sofia	BUL
07.03.10	Placentia Marathon	Piacenza	ITA
08.03.10	8th of March Road Race	Sofia	BUL
14.03.10	Brescia Art Marathon	Brescia	ITA
14.03.10	Treviso Marathon	Vittorio Veneto	ITA
17.03.10 - 21.03.10	UltraMarathon Trans Macedonia, 320km	Macedonia	MKD
21.03.10	Super Marathon 60 km Zagreb-Cazma	Zagreb	CRO
22.03.10	"First Spring" Road Race	Sofia	BUL
22.03.10	"First Spring" Road Race	Pravets	BUL
28.03.10	22e Parelloop, 10K	Brunssum	NED
28.03.10	XXX Prueba Urbana de Iurreta	Iurreta (Vizcaya)	ESP
10.04.10	"Vidima" Road Race	Sevlievo	BUL
18.04.10	"Ruse" Road Race	Ruse	BUL
18.04.10	Great Ireland Run	Dublin	IRL
18.04.10	XII Cursa Bombers Barcelona	Barcelona	ESP
18.04.10	5th Ancient City Road Run	Bursa	TUR
22.04.10	Banja Luka Road Race	Banja Luka	BIH
23.04.10	2nd International Gallipoli Peace Run 15km	Canakkale	TUR
25.04.10	IX Milla Sagrada Familia. Tº Ciudad de Barcelona	Barcelona	ESP

25.04.10	Maratona di Messina	Messina	ITA
01.05.10	Maratona del Riso	Vercelli	ITA
08.05.10	Dolinom Kardinala, 23 km Road Race	Krasic	CRO
08.05.10	Holmenkollstafetten (Road Relay)	Oslo	NOR
12.05.10	International Race "St. Vasilije Ostorski"	SRB	SRB
13.05.10	Prijedor Road Race	Prijedor	BIH
22.05.10	Women's Run 7 km - SEB Maijooks	Tallinn	EST
29.05.10	Night Marathon	Jesolo	ITA
29.05.10 - 30.05.10	Békéscsaba-Arad-Békéscsaba Supermarathon	Békéscsaba	HUN
30.05.10	Austrian Women's Run 5km	Vienna	AUT
05.06.10	Women's Race 8km	SRB	SRB
07.06.10	Flora Women's Mini Marathon	Dublin	IRL
12.06.10	The Kremlin Mile	Moscow	RUS
26.06.10	Maratona del Gargano	Parabita (LE)	ITA
26.06.10	Vidovdan Road Race	Brcko	BIH
17.07.10	Lifestyle Sports Adidas 5 Mile	Dublin	IRL
31.07.10	Road Race Ilinden 2010, 8 km	Veles	MKD
21.08.10	Amatrice Configno	Amatrice	ITA
21.08.10	XXVIII Carrera Nocturna Alcalde de Aguilas	Aguilas (Murcia)	ESP
02.09.10	2 Eylul Road Run, 15km	Eskisehir	TUR
03.09.10 - 04.09.10	Russian Cup 100 km and 24 hours	St. Petersburg	RUS
05.09.10	ASICS 10 K Road Race	Tilburg	NED
05.09.10	Brabants Dagblad Tilburg Ten Miles	Tilburg	NED
08.09.10	Marathon Ohrid 2010	Ohrid	MKD
11.09.10	Tesco Night Grand Prix, 10 km	Prague	CZE
12.09.10	SEB Tallinn City Run 10 km	Tallinn	EST
14.09.10 - 18.09.10	Ultramarathon Zagreb-Vukovar	Zagreb-Vukovar	CRO
17.09.10	International road races Niksic 2010	Niksic	MNE
18.09.10	National Ekiden Championships	Kopyl	BLR
19.09.10	25e Dam tot Damloop, 16.1 km	Amsterdam	NED
19.09.10	84 International Road Race	St.Petersburg	RUS
24.09.10	"Karnobat" Road Race	Karnobat	BUL
25.09.10	"Dragolyub Spasov - Lyuts" Road Race	Samokov	BUL
25.09.10	Yazilskaya Desyatka, National Road Run 10km Championship	Slonjas Dorogi	BLR
26.09.10	Fortis Singelloop, 10 km	Utrecht	NED
02.10.10	Varna Road Race	Varna	BUL
02.10.10	Vienna Night Run	Vienna	AUT
03.10.10	"25th of September" Road Race	Dobrich	BUL
03.10.10	IV Lake Garda Marathon	Limone sul Garda	ITA
03.10.10	2nd Running Cup	Bar	MNE
10.10.10	4 Miles Groningen	Groningen	NED
12.10.10	XXIII Milla Urbana de Otoño Manuel Pancorbo	Jaen	ESP
13.10.10	Race Through History	SRB	SRB
14.10.10	16th "Petko Yordanov" Race	Nova Zagora	BUL
17.10.10	Belgrade Award Road Race	SRB	SRB
17.10.10	Carrera Internacional del CSIC	Madrid	ESP
17.10.10	Maratona Città di Palermo	Palermo	ITA
19.10.10 - 23.10.10	Wien-Bratislava-Budapest	Budapest	HUN
22.10.10	"Kolyo Fichefo" Road Race	Drianovo	BUL
24.10.10	Maratona di Napoli	Napoli	ITA
14.11.10	Pisa Marathon	Pontedera	ITA
21.11.10	Fortis Zeven Heuvelen Loop 15K	Nymegen	NED
08.12.10	International Road Races Danilovgrad 2010	Danilovgrad	MNE

18.12.10	52. International Road Race Podgorica 2010	Podgorica	MNE
25.12.10	Traditional	Vilnius	LTU
27.12.10	75th Atatürk Road Run 12km	Ankara	TUR
28.12.10	Funchal Tour	Funchal	POR
31.12.10	New Year Road Race	Pravetz	BUL

### 6.8. Mountain Running Races with National Permit

28.03.10	Kumata, Kipra Danailova, Vitosha Cup 1st round	Sofia	BUL
23.05.10	Tetevenski Varhove, Stara Planina Cup 1st Round	Teteven	BUL
29.05.10	6th Course des 2 Bains	Saillon - Ovronnaz	SUI
29.05.10 - 30.05.10	26th International Gamperney Berglauf	Grabs	SUI
30.05.10	Mountain Running Rase- Vodno	Skopje	MKD
20.06.10	Borosport 1st Round	Borovetz	BUL
20.06.10	Course de montagne	Neirivue-Molésou	SUI
26.06.10	Zlatishki Prohod, Stara Planina Cup 2nd Round	Zlatica	BUL
18.07.10 - 20.07.10	Rodopa Cup	Svoboda	BUL
01.08.10	Borosport 2nd Round	Borovetz	BUL
08.08.10	15th Feuerkogel Berglauf	Ebensee	AUT
08.08.10	37th Sierre - Zinal	Zinal	SUI
14.08.10	Chumerna peak, Stara Planina Cup 3rd Round	Chumerna	BUL
22.08.10	Shipchenska Epopeya, Stara Planina Cup 4th Round	Shipka	BUL
29.08.10	Vitosha Cup 2nd Round	Sofia	BUL
10.09.10 - 11.09.10	18th Jungfrau Marathon	Interlaken	SUI
12.09.10	Borosport 3rd Round	Musala	BUL
19.09.10	Batak Long Distance	Batak	BUL
22.09.10	Vitosha Cup 3rd Round	Aleko	BUL
10.10.10	Rodopa Cup 3d Round	Pamporovo	BUL
17.10.10	Mezdra Mountain Running	Mezdra	BUL