



Grand Prix de Monthey – Memorial R. Girod

10'000m & 5'000m track

Saturday 30.08.2025

Organizers : Race Walking Club of Monthey

Place : Track « Verney » in Monthey - Valais - Switzerland

Events – start times :	Elites Women & Men	10'000 m	17h45
	U20 Women & Men	10'000 m	17h45
	Masters Women & Men	5'000 m	17h00
	U18 & U16 Women & Men	5'000 m	17h00
	Walking Women & Men	5'000 m	17h00
	U14 Pupils	3'000 m	17h00
	U12 Pupils	2'000 m	17h00
	U10 Pupils	1'000 m	17h00

Call : 10 minutes prior to the start of each race at the start line

Time limit : 1h10 on the 10'000 m & 40 min on the 5'000 m

Entries : Please reach frederic.bianchi71@gmail.com until 17.08.2025

**Changing rooms
& bib numbers :** Stade du Verney from 15h00

Price money : 1st = 200€, 2nd = 100€, 3rd = 50€ scratch times : 10'000m Men & 5'000m Women

Ceremony : At the stadium first then we have dinner together. Official results will be sent by email

Information : Frédéric Bianchi, +41 78 / 608 15 25 or by frederic.bianchi71@gmail.com

Remarks : Our website is currently under construction but info can be found under « News » section : www.swisswalking.org

Monthey, 03.05.2025

Pour le CE de SwissWalking

Frédéric Bianchi

Pour le CM Monthey
Le Président

Patrick Grandjean